



Matashita-Yama

股下山 Ski Tour Map 1:25000



0 250 500 750 1000m

1cm on the map equals approx. 250m on the ground
Magnetic declination: 9° 38' W

Map by hokkadowilds.org/Rob Thomson CC BY-SA 4.0

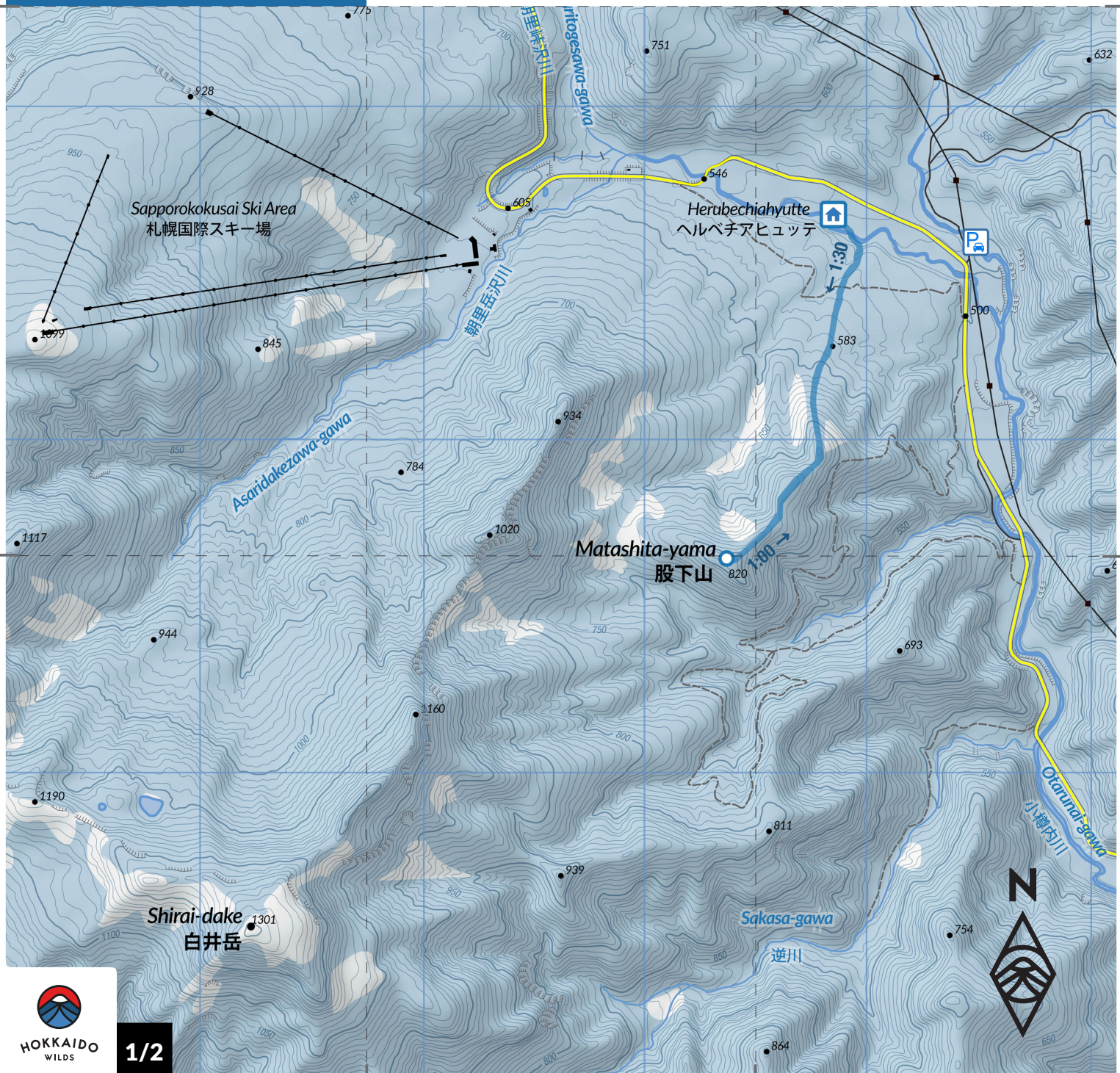
Symbol Key (some may not be present)

	Route (time between points)		Contour lines (100m, 10m)
	National Highway		Power transmission lines
	Prefectural Road		Trees/no trees
	Municipal Road		Rocks/cliff
	Minor Municipal Road		Onsen (hot spring)
	Walkway		Fumerole
	Bus route (bus stop)		Highway number
	Avalanche-prone slope		Designated campsite
			Hut

Japanese Map Glossary

Romaji	Kanji	English
bunki	分岐	junction
cho	町	town
dake/mine	岳/峯	peak
eki	駅	station
goya/koya	小屋	hut
hinangoya	避難小屋	shelter
ike	池	pond
kawa/gawa	川	river
kako	火口	crater
ko/mizumi	湖	lake
kyo	峡	gorge
numa	沼	pond
onsen	温泉	hot spring
sawa	沢	stream
taira/daira	平	plateau
tani/dani	谷	valley
taki	滝	waterfall
toge	峠	pass
yama/san/zan	山	mountain

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This map uses the Geospatial Information Authority of Japan digital basemap (tiles) and basemap data, with the permission of the Authority's director (permission no. 平 30 情使、第 867 号). It also uses modified 1:25,000 scale vegetation map GIS data created by the Biodiversity Center of Japan, Ministry of the Environment (<http://gis.biodic.go.jp>).



Matashita-yama Ski Tour



2.5hrs
Time



260m
Total Climb



820m
Highest point



4km
Distance



3/10
Difficulty



Jan-Mar
Best season

Matashita-yama (股下山, 820m) is an unassuming peak sitting in the shadow of Shirai-dake's (白井岳, 1302m) bulk. There is a mellow open area on the way up to Matashita-yama though, so it makes for a not too challenging summit, easily completed in a morning, and with a few turns to be had on the way down. The quaint and historical Helvetia Hütte is at the foot of the mountain, so makes for a fun overnight for a small group. The route's proximity to the Sapporo Kokusai ski area allows access via public transport.

LOCATION

Matashita-yama is a low-lying peak about 1km south of the Sapporo Kokusai Ski Area. In this route guide, we start from the Hokkaido University Helvetia Hutte. However, if doing this as a daytrip, most people park at the Okuteine trailhead carpark and go from there.

GENERAL NOTES



This route is often overlooked, as it doesn't feature very widely in guidebooks of the hills west of Sapporo. It is well loved though, with backcountry skiers there most weekends, wanting a quick run in the hills. The final 600m or so from the 730m mark to the summit is quite flat, with some ups and downs and plenty of large, wind-blown drifts. If it is purely lapping the slopes you're after, then it may be worth just to get to the 730m mark and lap the slope on the northeastern side of the ridge.

ROUTE MARKERS

The route from the 583m point was marked with frequent colorful ribbons when we were there in February 2019. Like most routes in Hokkaido, it is best not to assume route markers though – be prepared to navigate on your own. The route from the hut to the 583m point is certainly not marked.

ROUTE TIMING

Bank on about 1.5 hours from hut to summit, and another 1 hour back. If coming from the ski area, allow about 20 minutes from the ski area to the hut. It is downhill from the ski area to the hut, but it is very mellow – you'll need your skins on from the beginning, particularly in mid-winter with plenty of fresh snow. If coming from the Okuteine-yama car park, you'll also want to allow about 20 minutes of skinning to the hut.

TRANSPORT

By car: There is a large carpark area at the start of the Okuteine-yama trail.
Public transport: As of March 2017, there were around 6 buses in the morning going from Sapporo Station Bus Terminal No. 17 to Sapporo Ski Field. The earliest bus was at 7:10am, arriving at the ski field at 8:50am. NOTE: Ski boots cannot be worn in the bus due to safety (slipping) concerns. Either bring a change of shoes, or just wear your boot liners onto the bus.

SAFETY NOTES

Take care when crossing the stream east of the hut. Also, despite this route's relative close proximity to the Sapporo Kokusai ski area, it is very much the backcountry. Check snow conditions before skiing the gully to the northeast of the 730m mark – this is a classic terrain trap.

ONSEN NEARBY

Jozankei Onsen area has a huge number of onsen to choose from. If traveling by car, consider either Hoheikyō Onsen (1,000yen per person, and they have Indian curry), Hotel Milione (500yen per person), or Matsu-no-yu closer to Sapporo City (about 650yen per person). ■



HELVETIA HÜTTE



Details: A very basic but well-kept Swiss-designed hut, rebuilt in 1985.
Capacity: 12 persons.
Cost: 250yen per night.
Maintenance: Hokkaido University Academic Alpine Club
Contact & Booking: Hokkaido University Student Support Center (学務部学生支援課学生総合担当), TEL: 011-706-7533.
Booking details: Stays must be booked at least 3 working days in advance.

ONLINE ROUTE GUIDE

Please visit the full route guide for GPS file, interactive map, and extra safety notes: <https://hokw.jp/matashita>



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MAP, TEXT, PHOTOS | Rob Thomson

hokkaidowilds.org 2019/02/20

MAP FOLD & LAYOUT CONCEPT | Dominika Gan

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PRINTING INSTRUCTIONS

STEP 1

Load your printer with A4 printer paper (210mm x 297mm). If you've only got Letter size (215.9mm x 279.4 mm), just follow the instructions below. You'll achieve an accurate scale, but the map will be clipped a little at the top and bottom.

STEP 2

Open the print window by clicking on File > Print (or hitting **Ctrl + P** on your keyboard).

STEP 3

Make sure "Actual Size" is selected.

STEP 4

For double-sided printing, select "Print on both sides of paper".

STEP 5

For best results, select the highest quality print option available on your printer (settings will vary).

STEP 6

You won't need this instructions page, so just select pages 1-2.

STEP 7

Click "Print".

PLEASE PRINT AT 'ACTUAL SIZE' (NO SCALING)

The 1:25,000 scale used in the map is accurate if the PDF is printed without scaling (i.e., ACTUAL SIZE). Follow the instructions on this page to ensure an accurate rendering of the scale.

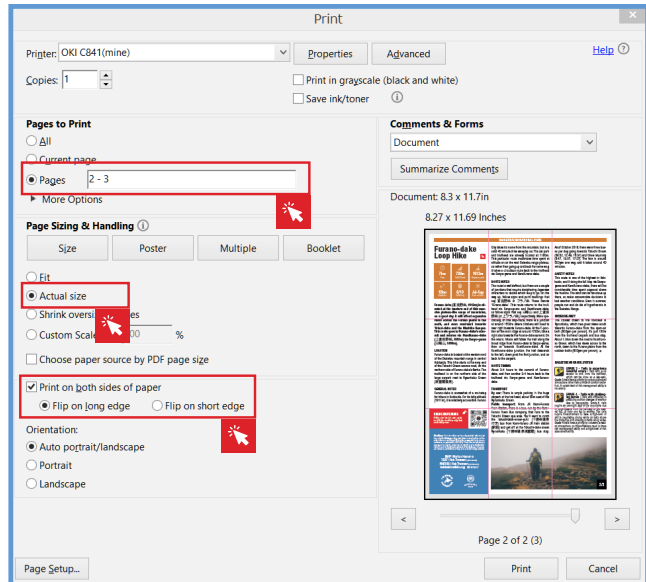


Figure 1. Ensure "Actual Size", and Pages 1-2 are selected (Windows).

ORIGAMI INSTRUCTIONS

