



# Teshio-dake Loop Dayhike

天塩岳 Hiking Map 1:25000

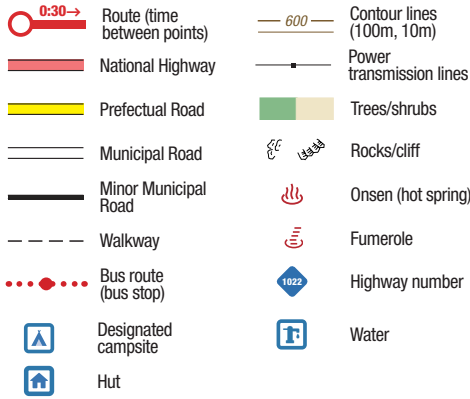


0 250 500 750 1000m

1cm on the map equals approx. 250m on the ground  
Magnetic declination: 9° 34' W

Map by [hokkadowilds.org](http://hokkadowilds.org)/Rob Thomson CC BY-SA 2019/09/26

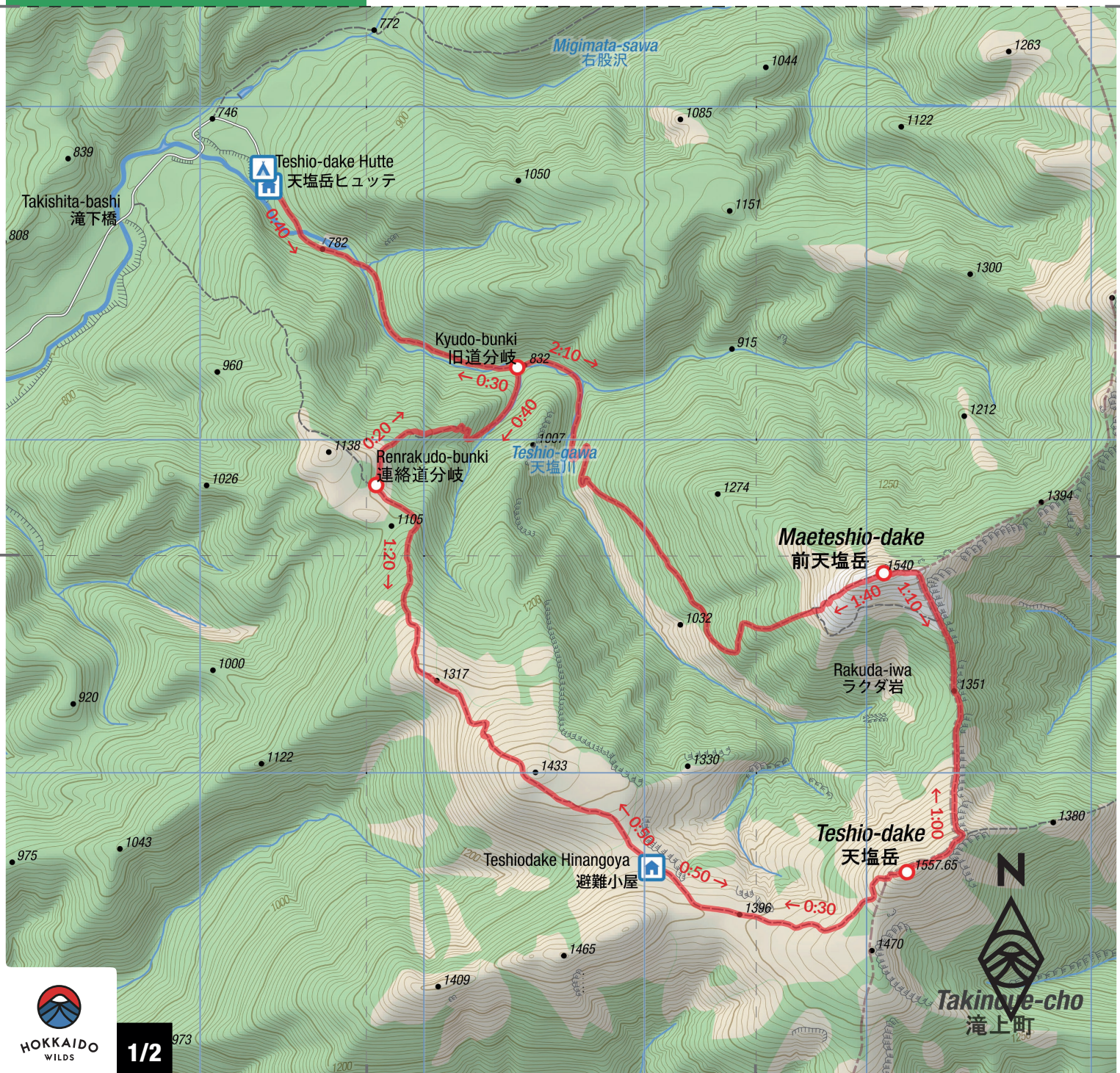
## Symbol Key (some may not be present)



## Japanese Map Glossary

Romaji	Kanji	English
bunki	分岐	junction
cho	町	town
dake/mine	岳/峯	peak
eki	駅	station
goya/koya	小屋	hut
hinangoya	避難小屋	shelter
ike	池	pond
kawa/gawa	川	river
kako	火口	crater
ko/mizumi	湖	lake
kyo	峡	gorge
numa	沼	pond
onsen	温泉	hot spring
sawa	沢	stream
taira/daira	平	plateau
tani/dani	谷	valley
taki	滝	waterfall
toge	峠	pass
yama/san/zan	山	mountain

この地図の作成に当たっては、国土地理院長の承認を得て、同院発行の基礎地図情報及び電子地形図（タイル）を使用した。（承認番号 平 30 情使、第 867 号）。また、1/25,000 縮尺図 GIS データ（環境省生物多様性センター）も使用し、hokkadowilds.org が作成・加工したものである。  
This map uses the Geospatial Information Authority of Japan digital basemap (tiles) and basemap data, with the permission of the Authority's director (permission no. 平 30 情使、第 867 号). It also uses modified 1:25,000 scale vegetation map GIS data created by the Biodiversity Center of Japan, Ministry of the Environment (<http://gis.biodic.go.jp>).





# Teshio-dake Loop Hike



7hrs  
Time



940m  
Total Climb



1558m  
Highest point



13km  
Distance



6/10  
Difficulty



Jun-Oct  
Best season

**Teshio-dake (天塩岳, 1558m) is regarded as the highest mountain in northern Hokkaido on the main island, though it is actually not that far north of the Kita-Daisetsuzan range making it still fairly centrally located. Accessed by a long forest road, it is a remote and broad massif whose tops provide a fine horse-shoe route in wild, open country with the added attraction of not one, but two, mountain huts. It is well worth staying the previous night at the spacious and comfortable Teshio-dake Hutte at the trailhead for an authentic Hokkaido hut experience.**

## LOCATION

Teshio-dake is the last major mountain on the main island to the north of the main Daisetsuzan mountain range in central Hokkaido. This area is sparsely inhabited and the trailhead is not close to any major settlement, the closest small town being Aibetsu 愛別町 on Route 39 northeast of Asahikawa. The trail itself starts from the Teshio-dake Hütte.

## GENERAL NOTES

### ONLINE ROUTE GUIDE

Please visit the full route guide for GPS file, interactive map, and extra safety notes: <https://hokw.jp/tesh-hike>



**Disclaimer** The information on this map was derived from digital databases provided by the Geospatial Information Authority of Japan and the Biodiversity Center of Japan. Care was taken in the creation of this map. HokkaidoWilds.org cannot accept any responsibility for errors, omissions, or positional accuracy. There are no warranties, expressed or implied, including the warranty of merchantability or fitness for a particular purpose, accompanying this product. However, notification of any errors will be appreciated.

**TEXT, PHOTOS** | Rick Siddle  
**MAP** | Rob Thomson

[hokkaidowilds.org](http://hokkaidowilds.org) 2019/09/26

MAP FOLD & LAYOUT CONCEPT | Welldonegan

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In the Ainu language the mountain takes its name from the Teshio River, *teshi-o-pet*, *teshi* meaning *fish trap* (Hokkaido Natsuyama Gaido 6, Hokkaido Shimbunsha, p.216). The trailhead is remote, so although this is listed as a day hike it makes sense to stay the night before at the Teshio-dake Hutte at the trailhead, either in the hut or camping outside. Take all supplies with you. The summer hiking season is from June till late October. The nearest facilities are in the small town of Aibetsu 愛別町.

## ROUTE NOTES

Expect about 4 hours from the trailhead hut to the summit of Teshio-dake via Maeteshio-dake, and then about 3 hours back down.

The circular route is well defined and signposted throughout. From the hut, take the Mae Teshio-dake trail 前天塩岳コース. Follow a creek through the forest with a number of small stream crossings, passing the junction with the trail that connects to the New Route 新道連絡路 after 40 mins. 20 mins or so further on ignore the little used Old Route 旧道 trail that continues up the river and follow the main trail that rises up the shoulder of Mae Teshio-dake into open country, climbing more steeply near the top to the ridge. Here a traverse path to the right avoids the summit but it is best to continue up over rocky scree to the top, in all about another hour and a half. From here the trail turns south, dropping 200m down to a col before climbing up again to the main peak of Teshio-dake in about an hour. From the summit return by the New Route along the broad western ridge past the Teshio-dake Refuge 天塩岳避難小屋 after about 30 mins. Continue down the ridge northwest for another 50 mins to the junction with the connecting trail 連絡路分岐, turn right and drop down more steeply through the forest to rejoin the original route, then back to the hut in another half hour.

## TRANSPORT

**By car:** Take local route 101 north from Aibetsu 愛別町 for about 20km and turn right (signposted) a short way past a tunnel onto a narrow surfaced, then gravel, road for 17km. Continue on past the New Route trailhead 新道登山口 a little further to the Teshio-dake Hutte 天塩岳ヒュッテ and trail-



## TESHIO-DAKE HUTTE



**Details:** A large two-story log A-frame cabin with wood stove and running water in summer. In winter, access to hut is via a 9km uncleared section of road.

**Capacity:** 40 persons.

**Cost:** No charge.

**Contact:** Shibetsu City (士別市) TEL: 0165-28-2121

**Booking details:** No need to/not possible to book.

head where there is plenty of parking space.  
**Public transport:** There is no public transport access.

## SAFETY NOTES

The route traverses exposed alpine terrain and can be a dangerous place in bad weather with real risks of hypothermia for poorly equipped hikers. Conditions can change quickly, it is very exposed to the wind and the upper slopes can be much colder than down at the trailhead. Carry appropriate gear. There are a few small river crossings that could be a bit tricky after heavy rain. Like all high mountain terrain in Hokkaido it is bear country so take the usual precautions.

## ONSEN NEARBY

Rustic Kyowa Onsen 共和温泉 (location, 500yen) is on local route 101 just north of the small town of Aibetsu 愛別町. ■



## PRINTING INSTRUCTIONS

### STEP 1

Load your printer with A4 printer paper (210mm x 297mm). If you've only got Letter size (215.9mm x 279.4 mm), just follow the instructions below. You'll achieve an accurate scale, but the map will be clipped a little at the top and bottom.

### STEP 2

Open the print window by clicking on File > Print (or hitting Ctrl + P on your keyboard).

### STEP 3

Make sure "Actual Size" is selected.

### STEP 4

For double-sided printing, select "Print on both sides of paper".

### STEP 5

For best results, select the highest quality print option available on your printer (settings will vary).

### STEP 6

You won't need this instructions page, so just select the pages that don't include this instruction sheet.

### STEP 7

Click "Print".

## PLEASE PRINT AT 'ACTUAL SIZE' (NO SCALING)

The 1:25,000 scale used in the map is accurate if the PDF is printed without scaling (i.e., ACTUAL SIZE). Follow the instructions on this page to ensure an accurate rendering of the scale.



Figure 1. Ensure "Actual Size", and Pages 1-4 are selected (Windows).

## ORIGAMI INSTRUCTIONS

