

# Asahidake Half-day Hike 🖪













Asahidake (旭岳, 2291m) is Hokkaido's highest peak, and arguably one of the island's most accessible. It is the highest point on the expansive Daisetsuzan volcanic group, dominating central Hokkaido. For prepared hikers, Asahidake can be a great way to get a taste for the greater Daisetsuzan Range's alpine areas. At the foot of the mountain are a number of onsen to choose from for a post-hike soak, and plenty of trendy cafes further down the hills in Higashikawa Town.

#### **LOCATION**

Asahi-dake is located in the northern Daisetuzan Range, about 30km east of Higashikawa Town in central Hokkaido. To get to the start of this hike, take a bus or drive to Asahidake Onsen, and take the Asahidake ropeway to the Sugatami Station (top of the ropeway). It's also possible to hike from the bottom of the ropeway (add an extra 2 hours).

#### **GENERAL NOTES**

This is one of the most popular hikes in Hokkaido. It has everything – extremely easy access, amazing views, great alpine scenery, and the boasting rights of getting to the highest point in Hokkaido. The vast majority of people who hike Asahidake just do it as

## **ONLINE ROUTE GUIDE**

Please visit the full route guide for GPS file, interactive map, and extra safety notes: https://hokw.jp/asahidake



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hokkaidowilds.org 2019/10/24

MAP FOLD & LAYOUT CONCEPT | Welldonegan

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a quick half-day hike. It is possible, however, to extend it to a much more challenging hike for the more experienced and prepared. There's the tough three-day Central Daisetsuzan Circuit, the classic two-day Asahidake to Kurodake Traverse, as well as a long one-day loop via Nakadake Onsen. Some people start their Daisetsuzan Grand Traverse hike from Asahidake too.

Hiking season: The main season for summer hiking on Asahidake is July and August; before and after this you need to be prepared, equipped for, and have experience with snow on the ground and/or falling from the sky. Climbing Asahidake in the winter (December till April) can be an amazing mountaineering experience - climbing past steaming volcanic fumeroles surrounded by ultra dry, cold snow is quite inspring. That said, clear days are few and far between in the midwinter months from January till March, and during this time, full winter mountaineering equipment, including snowshoes, crampons and ice-axe, will be needed to get to the top - the summit ridge is very exposed and icy, and temperatures can plunge to below -20°C plus windchill. In the early and late winter months of November, December, April and May, conditions will vary daily - bring showshoes and crampons just in case. There's no sections on this mapped ridge route that require use of ropes, even in winter.

The base for this climb is at Asahidake Onsen, a small collection of lodgings and hot springs below the ropeway up the mountain. It is a major tourist destination and can be busy with coachloads of sightseers from Japan and neighbouring countries, especially in summer and during the season for autumn colours. Accommodation options include a youth hostel and a campsite as well as local Japanese style pensions and hotels. The upper ropeway station at Sugatami has toilets and a small restaurant. There are no safe and/or guaranteed water sources beyond this point. In high season (June-late October) the ropeway operates every 15 minutes from 06:30 up to 17:30 down (08:00 - 17:00 later in the season - be sure to check the schedule) and costs 2900 yen round trip (asahidake. hokkaido.jp).

#### **ROUTE NOTES**

Expect about 2.5 hours from the top of the ropeway to the Asahidake summit, and another 1.5 hours back down

Starting from the Sugatami Station on the Asahidake Ropeway, exit the main building and head right (south) along the short boardwalk behind the building. From there, follow the signposts to the Asahidake summit, via Sugatami Pond and the stone hut. Signposts are mostly in Japanese, sporadically marked with fading and temporary English labels. If you're ever unsure of which way to go, ask one of the many other eager hikers who will happily point you in the right direction. The final 100m or so to the summit can be confusing in low visibility conditions. A false summit make it feel like the hike is over, but there's a small 'step' before the final short push to the actual summit.

## TRANSPORT

By car: There is easy road access from the Asa-



hikawa direction. There is ample parking in the large car parks by the ropeway station, some may charge fees.

Public transport: From JR Asahikawa Train Station, there is a bus (Ideyugo, いで湯号), operated by the Asahikawa Denki Kido Bus company (tel: 0166 23 3355), that runs to the Asahidake-Onsen spa area. As of November 2019, there were four buses per day there (07:11, 09:41, 13:11, 16:24) and four returning (09:30, 12:00, 15:30, 18:00). The fare is around 1430yen one way, and it takes around 1 hour 40 minutes. See the link to the Ideyugo Bus timetable at the very bottom of this page: http://asahidake.hokkaido.jp/en/

## **SAFETY NOTES**

Overall the trail is well-defined and easy to follow, but this is not a mountain to be taken lightly. On a good day you'll wonder what all the fuss is about, but signs and announcements warning hikers of the dangers are not exaggerating. When weather closes in, Asahidake is an extremely exposed place to be caught out without the right gear. Hypothermia is a real risk for unprepared hikers. Check the weather forecast, and only attempt the hike if weather is stable. Make sure to carry a navigation device such as a smartphone with maps pre-loaded. Winter hiking requires appropriate experience, equipment, and weather - see "Hiking Season" above for winter tips.

#### **ONSEN NEARBY**

Back down at the trailhead are a number of hot springs that take day visitors, including the youth hostel Daisetsu Shirakabaso a few hundred meters down the road (800yen per person). ■

## **DAISETSUZAN GRADE SYSTEM**



**GRADE 2 - Trails to touch beautiful nature I** Short-distance trails with good access to and from a trailhead. Grade-2 trails have steps and boardwalks that pro-

vide comfort underfoot. A certain level of risk management ability is necessary.



Grade 3 - Trails to experience beautiful nature I Trails with good access to and from the trailhead, which can be done as a day-walk. Grade-3 trails have a priority

to conserve a natural atmosphere rather than provide of comfort underfoot. A certain level of risk management ability is necessary.

# PRINTING INSTRUCTIONS

#### STEP 1

Load your printer with A4 printer paper (210mm x 297mm). If you've only got Letter size (215.9mm x 279.4 mm), just follow the instructions below. You'll achive an accurate scale, but the map will be clipped a little at the top and bottom.

#### STEP 2

Open the print window by clicking on File > Print (or hitting Ctrl + P on your keyboard).

#### STFP 3

Make sure "Actual Size" is selected.

#### STFP 4

For double-sided printing, select "Print on both sides of paper".

#### STFP 5

For best results, select the highest quality print option available on your printer (settings will vary).

#### STEP 6

You won't need this instructions page, so just select the pages that don't include this instruction sheet.

#### STEP 7

Click "Print".

### PLEASE PRINT AT 'ACTUAL SIZE' (NO SCALING)

The 1:25,000 scale used in the map is accurate if the PDF is printed without scaling (i.e., ACTUAL SIZE). Follow the instructions on this page to ensure an accurate rendering of the scale.

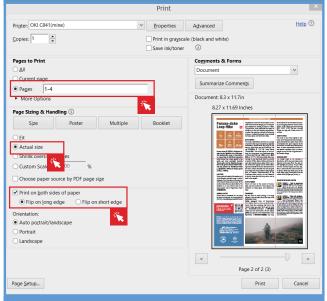


Figure 1. Ensure "Actual Size", and Pages 1-4 are selected (Windows).

# **ORIGAMI INSTRUCTIONS**

