



# Asahidake to Nakadake Onsen

旭岳～中岳温泉 Hiking Map 1:25000



0 250 500 750 1000 m  
1cm on the map equals 250m on the ground  
Magnetic declination: 9° 29' W

Map by [hokkaidowilds.org](http://hokkaidowilds.org) CC BY SA 2019/10/25

## Symbol Key (some may not be present)

	Route (time between points)		Contour lines (100m, 10m)
	National Highway		Power transmission lines
	Prefectural Road		Trees/shrubs
	Municipal Road		Rocks/cliffs
	Minor Municipal Road		Onsen (hot spring)
	Walkway		Fumerole
	Bus route (bus stop)		Highway number
	Designated campsite		Water
	Hut		



**ONLINE ROUTE GUIDE** - Please visit the full route guide for route description, GPS file, and safety notes: <https://hokw.jp/asa-naka>

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## Japanese Map Glossary

Romaji	Kanji	English
bunki	分岐	junction
cho	町	town
dake/mine	岳/峯	peak
eki	駅	station
goya/koya	小屋	hut
hinangoya	避難小屋	shelter
ike	池	pond
kawa/gawa	川	river
kako	火口	crater
ko/mizumi	湖	lake
kyo	峡	gorge
numa	沼	pond
onsen	温泉	hot spring
sawa	沢	stream
taira/daira	平	plateau
tani/dani	谷	valley
taki	滝	waterfall
toge	峠	pass
yama/san/zan	山	mountain

この地図の作成に当たっては、国土地理院長の承認を得て、同院発行の基礎地図情報及び電子地形図（タイル）を使用した。（承認番号平30情使、第867号）。また、1/25,000縮小図GISデータ（環境省生物多様性センターも使用し、hokkaidowilds.orgが作成・加工したものである）。

We created this map using the Geospatial Information Authority of Japan digital basemap (tiles) and basemap data, with the Authority director's permission (no. Hei-30-joshi, dai-867go). We also modified 1:25,000 scale vegetation map data created by the Biodiversity Center of Japan (<http://gis.biodic.jp>).





# Asahi-dake to Nakadake-on-sen Loop



6hrs  
Time



790m  
Total Climb



1460m  
Highest point



13km  
Distance



5/10  
Difficulty



Jun-Sep  
Best season

At 2291m, Asahidake (旭岳) is the highest peak in Hokkaido and one of the 100 Famous Mountains (百名山 | *hyakumeizan*) of Japan. Combined with amazing views over the rugged volcanic scenery of the Daisetsuzan range and relatively easy access via a ropeway it's not surprising that it's one of the most popular destinations for local hikers and visitors alike. If the weather conditions are good and you have the time it is well worth heading to the wild onsen at Nakadake (中岳温泉).

## LOCATION

Asahidake is located in the Daisetsu mountain range in central Hokkaido. This hike starts and finishes at 1600m from the upper ropeway station at Sugatami on the western flank of the mountain above Asahidake Onsen spa.

## GENERAL NOTES

### ONLINE ROUTE GUIDE

Please visit the full route guide for GPS file, interactive map, and extra safety notes: <http://bit.ly/asahi-naka>



**Disclaimer** The information on this map was derived from digital databases provided by the Geospatial Information Authority of Japan and the Biodiversity Center of Japan. Care was taken in the creation of this map. HokkaidoWilds.org cannot accept any responsibility for errors, omissions, or positional accuracy. There are no warranties, expressed or implied, including the warranty of merchantability or fitness for a particular purpose, accompanying this product. However, notification of any errors will be appreciated.

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The main season for summer hiking on Asahidake is July and August; before and after this you need to be prepared and equipped for snow on the ground and/or falling from the sky. The base for this climb is at Asahidake Onsen, a small collection of lodgings and hot springs below the ropeway up the mountain. It is a major tourist destination and can be busy with coachloads of sightseers from Japan and neighbouring countries, especially in summer and during the season for autumn colours.

## ROUTE TIMING AND NOTES

Expect 2.5 hours to the Asahidake summit, then 2 hours back. The route is well defined, but if descending directly from the summit back to the ropeway in mist be careful not to lose the path. If continuing on to Nakadake onsen (中岳温泉) the trail junctions are marked by large signposts (in Japanese). From the summit take the trail east heading to Mamiyadake (間宮岳, 2185m, about 1 hour) down past the Ura-asahi designated camping area (no facilities). Early in the season this descent will be over a large snowfield. From Mamiyadake head north to the Nakadake Junction (中岳分岐, 30mins). Here drop off the ridge to the west down to Nakadake onsen (40mins) and Susoaidaira (裾合平, 1hr). Then take the marked trail south back to the ropeway at Sugatami (姿見, 1hr 40 mins).

## TRANSPORT

**By car:** There is ample parking in the large car parks by the ropeway station, some may charge fees.

**Public transport:** From JR Asahikawa Train Station, there is a bus (Ideyugo, いで湯号), operated by the Asahikawa Denki Kido Bus company (tel: 0166 23 3355), that runs to the Asahidake-Onsen spa area. As of November 2018, there were four buses per day there (07:11, 09:41, 13:11, 16:24) and four returning (09:30, 12:00, 15:30,

18:00). The fare is around 1430yen one way, and it takes around 1 hour 40 minutes. See the link to the Ideyugo Bus timetable at <http://asahidake.hokkaido.jp/en/>

## SAFETY NOTES

This is a dangerous place in bad weather with real risks of hypothermia for poorly equipped hikers. Conditions and visibility can change quickly, it is very exposed to the wind and the upper slopes can be much colder than down at the lower ropeway station. Carry appropriate gear.

## ONSEN NEARBY

Nakadake Onsen is one of the highest and wildest hot springs in Hokkaido. It's small and pretty hot, though, and most people just soak their weary feet for a while. In Asahikawa Village, try the youth hostel Daisetsu Shirakabaso (800yen per person). ■

## DAISETSUZAN GRADE SYSTEM



**GRADE 2 - Trails to touch beautiful nature** | Short-distance trails with good access to and from a trailhead. Grade-2 trails have steps and boardwalks that provide comfort underfoot. A certain level of risk management ability is necessary.



**GRADE 3 - Trails to experience beautiful nature** | Trails with good access to and from the trailhead, which can be done as a day-walk. Grade-3 trails have a priority to conserve a natural atmosphere rather than provide of comfort underfoot. A certain level of risk management ability is necessary.



**GRADE 4 - Trails with challenging terrain** | Trails with difficulties in predicting sudden changes of weather due to topography. Grade-4 trails require an overnight stay in the mountains due to long-distance from the trailhead to the nearest hut, or from one hut to another. The trails require hikers/trekkers to have a high-level of skill in negotiating strong winds on trails above the timberline and crossing torrents along valley. Grade-4 trails have a priority to conserve a natural atmosphere, so hikers/trekkers need to have risk management ability and a high-level of risk assessment ability.

(From <http://bit.ly/daisetsu-g>)

## PRINTING INSTRUCTIONS

### STEP 1

Load your printer with A4 printer paper (210mm x 297mm). If you've only got Letter size (215.9mm x 279.4 mm), just follow the instructions below. You'll achieve an accurate scale, but the map will be clipped a little at the top and bottom.

### STEP 2

Open the print window by clicking on File > Print (or hitting Ctrl + P on your keyboard).

### STEP 3

Make sure "Actual Size" is selected.

### STEP 4

For double-sided printing, select "Print on both sides of paper".

### STEP 5

For best results, select the highest quality print option available on your printer (settings will vary).

### STEP 6

You won't need this instructions page, so just select pages 1-2.

### STEP 7

Click "Print".

## PLEASE PRINT AT 'ACTUAL SIZE' (NO SCALING)

The 1:25,000 scale used in the map is accurate if the PDF is printed without scaling (i.e., ACTUAL SIZE). Follow the instructions on this page to ensure an accurate rendering of the scale.

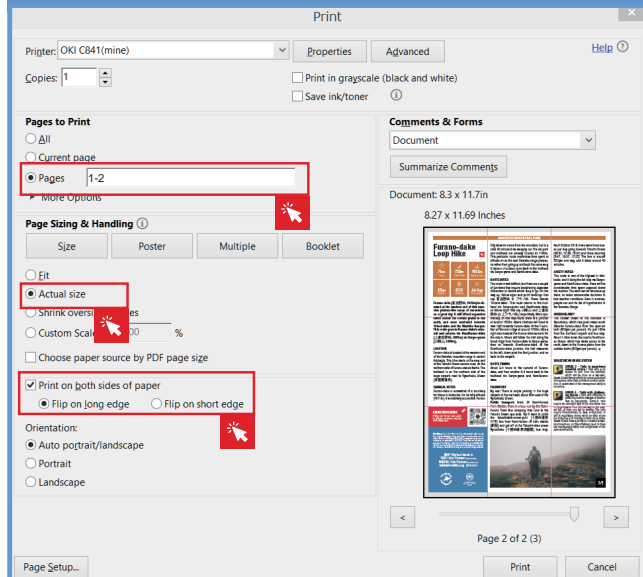


Figure 1. Ensure "Actual Size", and Pages 1-2 are selected (Windows).

## ORIGAMI INSTRUCTIONS

