

Lake Shumarinai Canoeing *



Lake Shumarinai (朱鞠内湖) is a large artificial lake in northern Hokkaido, known for its world-class fishing, great camping, and good canoeing. The surrounding land is relatively low-lying, giving it somewhat of a Canada-esque, boreal feel to it. There are a number of isolated islands within the canoeing-allowed zone, the number of which will change depending on the water level at the time. With no roads around the perimeter of this multi-coved lake, pretty much anywhere you land along the shore will give paddlers a real sense of isolation and away-from-it-all. The lake-shore campground is very well appointed.

LOCATION

Lake Shumarinai is in the far north of Hokkaido, just below Nayoro City. On the expressway, it's a 3.5hr drive from Sapporo. The put in for this route is either from within the Lake Shumarinai campground (if staying or using the campground) or from the public boat launching area just down from the information center.

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ONLINE ROUTE GUIDE

Please visit the full route guide for GPS file, live water levels, and extra safety notes: https://hokw.jp/ shumari



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GENERAL NOTES

As far as canoeing goes, Lake Shumarinai will likely split paddlers down the middle in terms of love it or lump it. I personally loved the sense of isolation and exploration afforded by the numerous islands and inlets - it doesn't take much paddling to make you feel like you're the only one on the lake. Haidee right pointed out, however, that the artificial lake's low water level left the lake shore muddy and unappealing. She wasn't a fan of the depressing decapitated tree stumps, their woeful fate exposed to the world. It's not very often the lake is full, so paddlers will always be contending with some level of low-water at times.

That said, we both really enjoyed the campground on the lake-front. It was very well appointed, and similar to the lake itself, it had plenty of nooks and crannies where campers could set up tents in their own little corner of paradise.

Important to note for canoeists is that the lake is only partly available for paddling. There's an imaginary line running northwest/southeast from Kitao Island (北大島), about 2.5km northeast from the campground, beyond which private watercraft are not allowed. As mentioned in the Safety Notes below, the lake authorities like to keep close tabs on lake users, and we assume this is part of the plan to stop people paddling too far and then not making it back before nightfall. Check the GeoPDF/printed version of this route guide for the border line.

ROUTE TIMING AND NOTES

This route on Lake Shumarinai is a relatively 'quick' blat around the circumference of the canoeing-allowed area at the southern end of the lake. All told, it's about 15km in total distance, which will take most paddlers in calm conditions about 3-4 hours to complete. Add in an hour or so for a very leisurely lunch along the way, and you're realistically looking at around 5 hours. We had a stiff headwind on the paddle back to the campground, which also slowed progress dramatically. Make sure to leave plenty of time before the 5pm cut-off time - lake rules stipulate all watercraft must be off the water by 5pm.

We chose to make an anti-clockwise circuit around the southern section of the lake. There was a relatively stiff breeze blowing, so we spent time island-hopping, trying to keep in the lee of the islands to avoid the wind. The only major note that we'd include here is that the islands are not always islands. When we were there, Kitao Island (北大島) was still connected by a long spit, and Uki Island (浮島) was almost connected too. This threw a spanner in the works, as we had to back-track along the shoreline to find a water-covered spot to cross. We would have portaged across the 20m spit, but the low water levels meant the shoreline was covered in thick, silty, sticky mud.



TRANSPORT

By car I There is ample parking just down towards the lake from the information center. Campground users can park their car next to their campsite.

Public transport I The main information center and campground at Lake Shumarinai is accessible by local bus from Fukagawa JR Train Station (深川駅). Google Maps has the timetable and directions listed. The trip one way will take 2.5hrs and cost 1,990yen.

SAFETY NOTES

Lake Shumarinai is a deceptively large and confusing lake. There are multiple islands and long inlets that could easily make a paddler disoriented, particularly if visibility is low. Make sure to carry a navigation device of some sort (such as your smartphone with the route and/or GeoPDF pre-loaded). The lake authorities like to keep tabs on lake users, so make sure to sign in and out of the logbook at the information center before and after your trip. Note that the area allowed for canoeing is limited - see the map overleaf. The normal precautions also apply - always wear a PFD on the water, and make sure to have a communications device.

ONSEN NEARBY

The closest onsen to the campground is Seiwa Onsen Ruonto (せいわ温泉ルオン \vdash). But it's not exactly close – 26km south of the lake to be exact. It's open from 10am till 9pm, and costs 500yen per person. Closed on Wednesdays.

EXTRA DETAILS

Lake Details: This route is on Lake Shumarinai (朱鞠内湖). The lake is a dam lake, about 6km wide and 8.5km long. It has a shoreline of 40km and a maximum depth of 40m. The lake is at 282m above sea level and water visibility is 1.8m.

PRINTING INSTRUCTIONS

STEP 1

Load your printer with A4 printer paper (210mm x 297mm). If you've only got Letter size (215.9mm x 279.4 mm), just follow the instructions below. You'll achive an accurate scale, but the map will be clipped a little at the top and bottom.

STEP 2

Open the print window by clicking on File > Print (or hitting Ctrl + P on your keyboard).

STEP 3

Make sure "Actual Size" is selected.

STEP 4

For double-sided printing, select "Print on both sides of paper".

STEP 5

For best results, select the highest quality print option available on your printer (settings will vary).

STEP 6

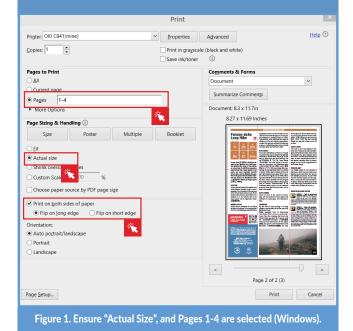
You won't need this instructions page, so just select the pages that don't include this instruction sheet.

STEP 7

Click "Print".

PLEASE PRINT AT 'ACTUAL SIZE' (NO SCALING)

The 1:25,000 scale used in the map is accurate if the PDF is printed without scaling (i.e., ACTUAL SIZE). Follow the instructions on this page to ensure an accurate rendering of the scale.



ORIGAMI INSTRUCTIONS

