



Fuppushi-dake Loop

風不死岳～樽前山 Hiking Map 1:25000



0 250 500 750 1000 m

1cm on the map equals 250m on the ground
Magnetic declination: 9° 36' W

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Symbol Key (some may not be present)

- Route (time between points)
- National Highway
- Prefectural Road
- Municipal Road
- Minor Municipal Road
- Walkway
- Bus route (bus stop)
- Designated campsite
- Hut
- Contour lines (100m, 10m)
- Power transmission lines
- Trees/shrubs
- Rocks/cliffs
- Onsen (hot spring)
- Fumerole
- Highway number
- Water

Japanese Map Glossary

Romaji	Kanji	English
<i>bunki cho</i>	分岐町	junction town
<i>dake/mine eki</i>	岳/峯 駅	peak station
<i>goya/koya hinangoya</i>	小屋 避難小屋	hut shelter
<i>ike</i>	池	pond
<i>kawa/gawa</i>	川	river
<i>kako</i>	火口	crater
<i>ko/mizumi</i>	湖	lake
<i>kyo</i>	峡	gorge
<i>numa</i>	沼	pond
<i>onsen</i>	温泉	hot spring
<i>sawa</i>	沢	stream
<i>taira/daira</i>	平	plateau
<i>tani/dani</i>	谷	valley
<i>toge</i>	峠	waterfall
<i>yama/san/zan</i>	山	mountain

ONLINE ROUTE GUIDE - Please visit the full route guide for route description, GPS file, and safety notes: <https://hokw.jp/fuploop>

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We created this map using the Geospatial Information Authority of Japan digital basemap (tiles) and basemap data, with the Authority director's permission (no. Hei-30-joshi-041-867go). We also modified 1:25000 scale vegetation map data created by the Biodiversity Center of Japan (<http://gis.biodic.go.jp>).



Fuppushi-dake Loop Hike



6hrs Time	674m Total Climb	1104m Highest point
110km Distance	5/10 Difficulty	Jun-Oct Best season

Fuppushi-dake (風不死岳, 1102m) and Tarumae-zan (樽前山, 1022m) dominate the southern shore of Lake Shikotsu and are joined by a high level ridge that enables a very worthwhile circuit hike. While no longer active like its near neighbour, the steep slopes and forested ridges of Fuppushi-dake are much quieter than the busy tourist trail up Tarumae, and its narrow summit seems to stand almost right above the lake. On the return, the transition from the forest to the dramatic open rim of the crater and its steaming lava dome provides a great finale to the day.

LOCATION

Fuppushi-dake and Tarumae-zan stand on the southern shore of Lake Shikotsu 支笏湖 in the Shikotsu-Toya National Park 支笏洞爺国立公園, about 60km south of Sapporo. The hike starts just below the main Tarumae-zan trailhead car park at about 640m elevation.

GENERAL NOTES

ONLINE ROUTE GUIDE

Please visit the full route guide for GPS file, interactive map, and extra safety notes: <https://hokw.jp/fuploop>



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MAP | Rob Thomson

hokkaidowilds.org 2020/05/27

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Although the Japanese characters for the mountain appear rather grim (wind, negation and death!), in fact *fupp-ushi* means mountain with many todomatsu pines in the Ainu language (Hokkaido Natsuyama Gaido 1, p.160).

This is a circuit hike that starts at the trailhead for the popular hike up Tarumae-zan. The loop can naturally be done in either direction though anti-clockwise, as described here, gets the hardest climbing on Fuppushi-dake over with early in the day and gives great views over the lake on the descent from Tarumae-zan.

During summer there is a toilet at the trailhead but no other facilities. It is *not* possible to stay at the Tarumae-zan Hutte 樽前山ヒュッテ just before the car park. Shops and accommodation can be found at Shikotsu Lakeside 支笏湖畔 where there is also a Youth Hostel. There is a campsite and a Rider House hostel near the trailhead at Morappu モーラップ.

The summer hiking season is from late May into early November. The access road to the trailhead is closed in winter.

ROUTE NOTES

Expect about three hours from the hut to Fuppushi-dake summit, and another three hours on the return via Tarumae-zan.

The trail is generally well defined. Take the signed path to Fuppushi-dake 風不死岳 from opposite the Tarumae-zan Hutte just below the car park at about 640m elevation and head through low birch and rowan woods until it emerges into more open ground. The track stays mainly level as it traverses below the rim of Tarumae-zan with Fuppushi-dake dead ahead. After about 45 mins it begins to head up towards the col between the two hills. There are some other tracks branching off left hereabouts so keep to the main trail. After a signposted junction where the trail along the crater rim joins from the left, head up right through forest up a steepening path to a subsidiary summit at 963m in about 50 mins. One short section has a chain for aid. From here its about another hour to the summit along a narrow undulating ridge that emerges into sasa dwarf bamboo and stunted birches. From the summit marker reverse your steps back to the signed junction then keep right to Tarumae-zan 樽前山 to shortly emerge on to the open crater rim. After a short descent a steady climb around the crater brings you to the east summit 東山 of Tarumae-zan in about an hour or so. Continue over and down to the main tourist path that drops down left back to the car park in about 40 mins.

TRANSPORT

By car: From Route 276 that runs along the southern shore of the lake, turn onto the narrow Prefectural Route 141 (closed in the winter months). After a few km when the paved road turns sharp left continue straight on up a gravel road for another 3km to the Tarumae-zan Hutte 樽前山ヒュッテ and a large car park with a toilet block. Despite its size this car park can fill up very quickly on a summer weekend or public holiday.

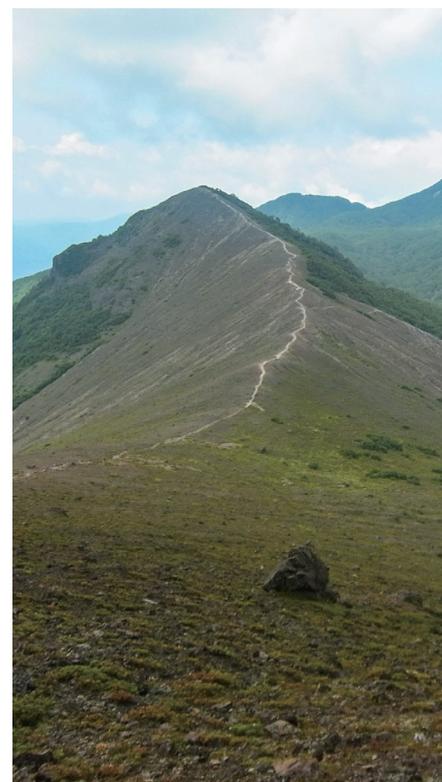
Public transport: There is no access to the trailhead by public transport.

SAFETY NOTES

While Fuppushi-dake is forested, the open slopes and crater rim of Tarumae-zan are very exposed to the wind. It can get very cold up here in the shoulder seasons. Take appropriate bad weather gear and extra layers. The path to Fuppushi-dake from the trailhead goes through flat and featureless open terrain and could be disorientating in bad visibility. Bears are well known to frequent Fuppushi-dake so take the usual precautions.

ONSEN NEARBY

The closest onsen is at Shikotsu Lakeside 支笏湖畔, where Kyuka no Mura Shikotsuko (休暇の村支笏湖, 800yen) is open till 5pm. If heading back to Sapporo there is Marukoma Onsen (丸駒温泉, 1,000yen) further round to the north though ideally you should be there by 3pm to be sure of getting in as a day visitor. ■



PRINTING INSTRUCTIONS

STEP 1

Load your printer with A4 printer paper (210mm x 297mm). If you've only got Letter size (215.9mm x 279.4 mm), just follow the instructions below. You'll achieve an accurate scale, but the map will be clipped a little at the top and bottom.

STEP 2

Open the print window by clicking on File > Print (or hitting Ctrl + P on your keyboard).

STEP 3

Make sure "Actual Size" is selected.

STEP 4

For double-sided printing, select "Print on both sides of paper".

STEP 5

For best results, select the highest quality print option available on your printer (settings will vary).

STEP 6

You won't need this instructions page, so just select the pages that don't include this instruction sheet.

STEP 7

Click "Print".

PLEASE PRINT AT 'ACTUAL SIZE' (NO SCALING)

The 1:25,000 scale used in the map is accurate if the PDF is printed without scaling (i.e., ACTUAL SIZE). Follow the instructions on this page to ensure an accurate rendering of the scale.

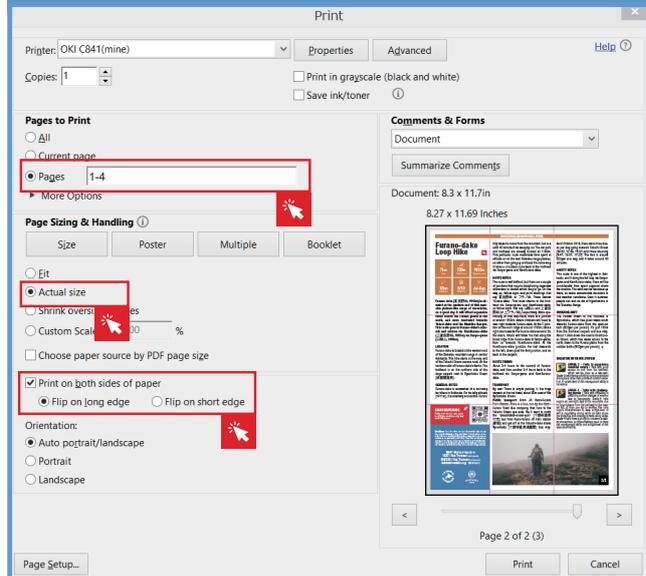


Figure 1. Ensure "Actual Size", and Pages 1-4 are selected (Windows).

ORIGAMI INSTRUCTIONS

