



This lower section of the Shisorapuchi River (シーソラプチ川) is one of the most well-rounded intermediate to advanced whitewater runs in Hokkaido. It's got technical but relatively safe drops, plenty of named and un-named rapids, crystal clear water, and the river is lined by moss-covered bedrock. Where the river officially becomes the Sorachi River (空知川) there's the option to run the famous Kokutai Course (国体コース), a Class III- run through a low gorge. This section of river, flowing straight from the depths of the Daisetsuzan National Park, is one that will beg you to return to test your skills.

LOCATION

The Shisorapuchi River is an upper feeder river to the Sorachi River, in Minamifurano Town in central Hokkaido, about 30km southeast of Furano City.

Put-in: The start of this route is at the public put-in location about 5km north of the Ochiai settlement in Minami-furano, here. Note that there's also another put-in about 600m south (downstream) of this put-in, but it's private land, owned by a rafting company. The public should only use the upper put-in.

Take-out: There are a couple of options for taking out on this route. One is here, at the end of the Kokutai Course – an advanced 400m section of river running

sorachi River. This is the traditional take-out for rafting companies – there's a large set of stairs for easy access to the upper carpark. If you'd rather not throw yourself down the Kokutai Course, there's another take-out just before the last bridge on the Shisorapuchi River.

GENERAL NOTES

The name Shisorapuchi is a Japanese transliteration of the indigenous Ainu language name for the river, si-sorapci. In Ainu, this means 'the real Sorachi River'. As such, the Shisorapuchi River is the Sorachi River, albeit the upper section that flows from its source on the southern slopes of Mt. Kamihorometo-kku (上ホロメトック山, 1920m) high up in the Daisetsuzan Range. At the confluence of the Shisorapuchi River and the Ruomansorapuchi River (ルーオマンソラプチ川, ru-oman-sorapci; 'Sorachi River the trail'), the river becomes the Sorachi River proper.

The Shisorapuchi is one of Hokkaido's most well-known rafting rivers, with over ten companies running tours on this very section of river. The upper part of the section drives hard and fast through drop-dead gorgeous native forest, and moss-lined rocky riversides. There are at least a few named drops

Goryu-no-se 五流の瀬

tora Water Station). We ran the Shisorapuchi River when this station was showing 354.09m. Anything below this may indicate water levels too low to run the Shisorapuchi River.

Campground: If you're looking for somewhere cheap to base yourself in the area for a few days, look no further than the Kanayama Lake campground. Details below.

ROUTE TIMING AND NOTES

min-taiku-taikai) canoe slalom competition.

Water level: The closest water level measure-

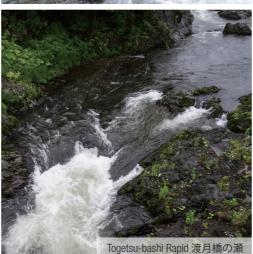
ment station is about 20km downstream (lku-

This section of river is one of the shortest we've run in Hokkaido, but it was our first time, and we were on our own. This meant we scouted every one of the trickier drops and rapids. This added up to over 2 hours on the river. Make sure to allow plenty of time.

Put in at the public access point, about 5km north of the Ochiai settlement. You'll be putting in just above a straight-forward, often boney swift. For the next 500m or so, you'll encounter multiple straight-forward Class I+ rapids, until







SAPPORO AREA



you arrive at the first named drop of the route — the **Goryu-no-se Rapid** (五流の瀬, Class II). This rapid is also referred to as Bucho-no-se (部長の瀬), because an NHK executive (部長, bu-cho) fell out of a raft during filming and had to be rescued. In decent flows, this drop should be run well to the river left. Scouting is very highly recommended, however, as it is a sharp drop, with blocks of sharp, canoe-busting bedrock exposed when the water level is low. When we were there, the water was infuriatingly only-just too low, so lined around it to the river right.

From Goryu-no-se Rapid, it's another 2.2km of busy, unrelenting Class II-ish rapids and swifts, mostly easily run with not too much drama. At the 2.7km mark, there's a more substantial rapid followed 100m later by **Kranku-no-Se Rapid** (クランクの瀬, Class II). This is a short but pushy neck in the river which is run straight down the middle. "You'll be pushed around a bit," writes Hidenori Takahashi, "but just keep calm and carry on, and you'll be OK."

The next (and last) major rapid of the Shisorapuchi River is **Trauma-no-se Rapid** (トラウマの瀬, Class II+). According to Hidenori Takahashi "in an open-deck canoe, it's 50/50 as to whether I go for a swim or not."

Beyond Trauma-no-se Rapid, it's a nice calm before the storm of one of the most famous white-water runs in Hokkaido – the **Kokutai Course** (国体コース) on the Sorachi River. Seeing this is only Haidee and I's second full season of canoeing, we opted to give this a miss this time around, but here's what I've gleaned from reading obsessively about the various rapids and drops in this 400m Class Ill section of river.

Sandan-no-se Rapid (三段の瀬) — Literally 'three-step rapid', this rapid is relatively straight forward — just keep to the middle of the right flow, and watch out for the flow coming in from the left at the bottom.

Pachinko-no-se Rapid (パチンコの瀬) — What do pachinko balls do? They bounce off things. So do canoes that mess up this rapid. The easy option in decent water flow is the hard right minor flow — not even a Class II. The option for the pros is to cut around the left of Pachinko-iwa boulder (パチンコ岩) in the middle of the river.

Togetsu Bridge Rapid (渡月橋の瀬) – This is a pushy drop that's "easy to capsize when running the right side," writes Hidenori Takahashi. It's best to run this drop as close as possible to the left side.

Video: Hidenori Takahashi, the prolific opendeck canoeist behind the excellent Hokkai-Camp.com website, has a great rundown of the Shisorapuchi River rapids on his Youtube channel here: https://www.youtube.com/ watch?v=uLBEDEI-HGU

TRANSPORT

By car I There is plenty of parking at the put-in as well as the various options for take-out.

RIVER DETAILS

This route is on Shisorapuchi River $(シ - \mathcal{V} \ni \mathcal{T} \ni \mathcal{I})$, or Si-sorapci in the Ainu indigenous language. The river is a Class A (-級河川) river, 194.5km in total length. This section of the river is between 10m and 40m wide. The gradient for this section of river is 7.37 mpk (38.91 FPM).

Public transport I Google Maps has up-to-date timetabling for the route to Ochiai Station JR train station. Due to typhoon damage to the tracks, this station is currently only accessibly by bus as a replacement for the train. From the train station, your best bet for getting to the put-in would be by taxi (FMT Taxi, TEL: 0120-456-256). A taxi fare would likely be around 3,000yen one-way.

SAFETY NOTES

Being a rafting course, paddlers will not have to worry too much about strainers and the like on this section of river. In places it can be bony and flanked by bedrock on the sides though, so a helmet is a must in addition to the normal personal safety gear. If running the river in a single canoe, self-rescue ability is also a must.

ONSEN NEARBY

The closest option for a hot soak is the Lake Kanayama Hoyo Center (かなやま湖保養センター, 410yen). This isn't a natural hot-spring, but it's still a classic Japanese public bath – light, airy, and gloriously relaxing. ■

Japanese Map Glossary

Romaji	Kanji	English
bunki cho dake/mine eki goya/koya hinangoya ike kawa/gawa kako ko/mizumi kyo numa onsen sawa taira/daira tani/dani taki toge yama/san/zan	分町岳駅小難池川火湖峡沼泉沢平谷滝峠山岐町峯駅屋小地川口湖峡沼泉沢平谷滝峠山	junction town peak station hut shelter pond river crater lake gorge pond hot spring stream plateau valley waterfall pass mountain

ONLINE ROUTE GUIDE

Please visit the full route guides for GPS files, interactive maps, and extra safety notes: https://hokw.jp/shisor



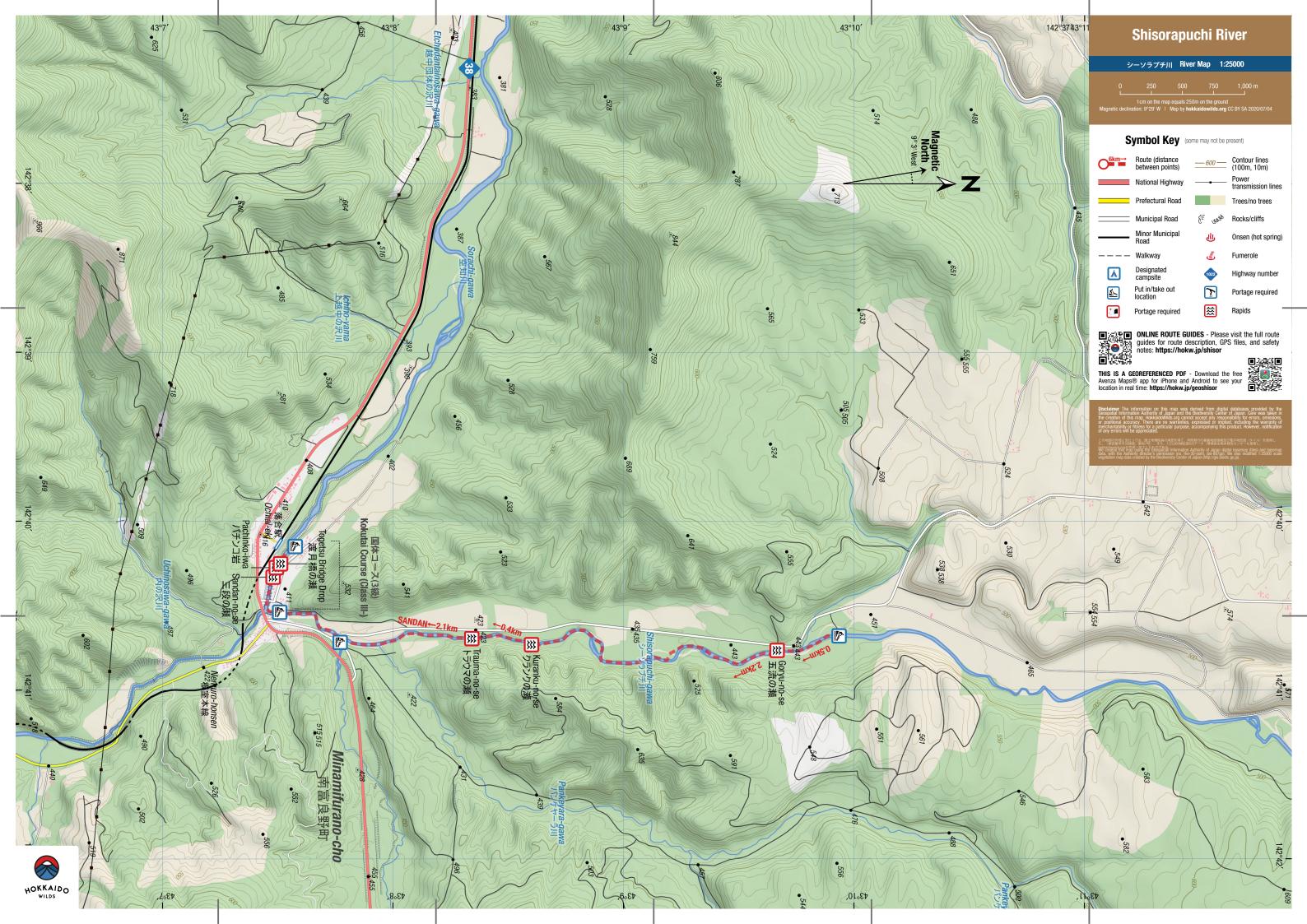
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MAP, TEXT I Rob Thomson
PHOTOS I Rob Thomson, Shigeo Kobayashi
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MAP FOLD & LAYOUT CONCEPT | Dominika Gar

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PRINTING INSTRUCTIONS

STEP 1

Load your printer with A3 printer paper (297mm x 420mm). If you've only got Tabloid or Ledger size (279mm x 432 mm), just follow the instructions below. You'll achive an accurate scale, but the map will be clipped a little at the top and bottom.

STEP 2

Open the print window by clicking on File > Print (or hitting Ctrl + P on your keyboard).

STEP 3

Make sure "Actual Size" is selected.

STEP 4

For double-sided printing, select "Print on both sides of paper".

STFP 5

For best results, select the highest quality print option available on your printer (settings will vary).

STEP 6

You won't need this instructions page, so just select the pages that don't include this instruction sheet.

STEP 7

Click "Print".

PLEASE PRINT AT 'ACTUAL SIZE' (NO SCALING)

The 1:25,000 scale used in the map is accurate if the PDF is printed without scaling (i.e., ACTUAL SIZE). Follow the instructions on this page to ensure an accurate rendering of the scale.



ORIGAMI INSTRUCTIONS

