

#### **AOMORI PREFECTURE**

# Iwaki-san Saihoji-mori 🖪



Saihoji-mori (西法寺森, 1288m) is a minor peak sitting below the mighty volcano lwaki-zan (岩木山, 1624m) in northwestern Japan. Sitting to the west of Aomori City in the Tohoku region of Japan, this short half-day ski touring route makes the most of the apocalyptic snow this area receives every year, in a small package. While hardcore peak-baggers will likely want to push on up to the icy upper reaches of Iwaki-zan, this will not be rewarded with any extra powder faceshots. On a good day, skiers will have views across to the Tsugaru Strait, separating Japan's main island with Hokkaido further north.

# LOCATION

Iwaki-san is located at the far northwestern tip of Honshu, Japan's largest island. It sits at the western side of Aomori Prefecture in Tohoku. Saihojimori is a minor peak on the northern side of this colossal volcano, sitting just above

ONLINE ROUTE GUIDE Please visit the full route guide for GPS file, interactive map, and extra safety notes: http://hokw.jp/saihoji



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the Aomori Spring Ski Resort.

#### **GENERAL NOTES**

This route will have skiers climb through gorgeous beech forests, up to the lower flanks of lwaki-san's summit cone. The mountain itself is within close vicinity of Aomori's most beautiful city of Hirosaki - you could be skiing lwaki-san in the morning, and visiting ancient castles in the afternoon. Iwaki-zan is also referred to Tsugaru-fuji, as a nod to the more famous Japanese conical volcano much further south. Being this far north, however, lwaki-san is blessed with huge snowfall each year, allowing Tohoku to boast the longest backcountry skiing season on Honshu - only eclipsed by central Hokkaido further north. This route does require some good routefinding skills and snow safety knowledge, but it's a relatively accessible way to enjoy what Iwaki-san has to offer.

# **ROUTE TIMING AND NOTES**

Most fit ski tourers will find this route will take about 3 hours in total. The route is not marked.

Start at the top of the gondola, and after double-checking you've submitted your backcountry plans online, head straight into the forest above the gondola station due the south. After a short grunt up a short but steep slope through the trees, you'll come out onto a marshland clearing. Cross this and start the second zig-zag climb up to the main ridge through beech and rock birch. Once you're on the main ridge, you'll be greeted by the grand summit of lwaki-zan still another 400m or so vertical above you.

With good weather and plenty of time, the temptation to keep climbing will be strong. Push on to the summit of Saihoji-mori, and admire the lwaki-san summit from afar. You're here to make the most of the good snow though, so take a deep breath and leave the peak-bagging temptation behind for a quick and punchy descent northwards down into the Oonaru gully (大鳴沢). While reported

avalanches in the area are rare, the bottom of this gully would be a dangerous place to be when snow starts to slide, so don't hang around too long. At around the 900m point in the gully, transition to climbing skins again and climb back up out of the gully to the 1250m point to the east northeast.

The decent west northwest of the 1250m peak can be dense with trees, but from around the 1000m point things open out nicely and the skiing is sublime. At around the 617m point on the map, the gully will spit you out onto the ski area for the remainder of the descent.

#### TRANSPORT

**By car:** There's masses of parking at the Aomori Spring Resort parking area.

**Public transport:** Aomori Spring Resort operates shuttles from Shin-Aomori JR Station. See their access details on the online route overview.

# **SAFETY NOTES**

This route access the backcountry from the ski area, but this is very much the backcountry. There's no patrol, no avalanche control; any individuals entering the backcountry must be self-sufficient and have the necessary skills and equipment to navigate avalanche terrain. The upper sections of the route are very much above the tree line – make conservative decisions, and avoid this route in inclement weather.

# **ONSEN NEARBY**

The small village of Dake Onsen (嶽温泉) on the other side of the mountain has a number of very traditional onsen options. Do note, however, that many close to day visitors relatively early in the day. We visited Dake Hotel Onsen (嶽ホテル, 550yen), and loved the traditional onsen vibes.



# PRINTING INSTRUCTIONS

#### STEP 1

Load your printer with A4 printer paper (210mm x 297mm). If you've only got Letter size (215.9mm x 279.4 mm), just follow the instructions below. You'll achive an accurate scale, but the map will be clipped a little at the top and bottom.

# STEP 2

Open the print window by clicking on File > Print (or hitting Ctrl + P on your keyboard).

#### STEP 3

Make sure "Actual Size" is selected.

# STEP 4

For double-sided printing, select "Print on both sides of paper".

#### STEP 5

For best results, select the highest quality print option available on your printer (settings will vary).

#### STEP 6

You won't need this instructions page, so just select the pages that don't include this instruction sheet.

#### STEP 7

Click "Print".

# PLEASE PRINT AT 'ACTUAL SIZE' (NO SCALING)

The 1:25,000 scale used in the map is accurate if the PDF is printed without scaling (i.e., ACTUAL SIZE). Follow the instructions on this page to ensure an accurate rendering of the scale.



# ORIGAMI INSTRUCTIONS

