雨竜沼湿原 Hiking Map 1:25000



(<u>L</u>) 7 hrs



5/10

756m

--Jun-Oct

1296m

Uryu-numa 雨竜沼 is a large marshy area lying at an altitude of 850m that is famous for its profusion of wildflowers in early summer. For that reason it can be busy on the raised boardwalks that circumnavigate the wetland but those with time can go further and climb Minami Shokan-dake (南暑寒 岳, 1296m) up its broad east ridge for views over the high and wild hills towards the Japan Sea coast.



The Uryu-numa wetlands lie in the hills about 30km west of Uryu Town 雨竜町 just north of the city of Takikawa 滝川市 in central Hokkaido. This hike starts at the Uryu-numa Shitsugen Gate Park (雨竜湿原ゲートパーク).

GENERAL NOTES

Uryu-numa is well known for its wildflowers and the best time to see them is probably from mid-July though it can be busy at weekends.

The marsh itself has a circular wooden walkway that is supposed to be walked clockwise. On the trail up to the wetlands there are a couple of suspension bridges that might not have their walkways reassembled until mid-June.

The trailhead has a small campsite and a hut (the Minami Shokanso 南暑寒荘) run by Uryu Town and is known as Uryu-numa Shitsugen Gate Park 雨竜沼湿原ゲートパーク (tel: 0125-77-2155). Check in for both facilities is at the management office 管理棟 on site. Donations can be made here for the upkeep of the trails. The nearest shops and other facilities are back down in the valley in Uryu Town.

ROUTE TIMING AND NOTES

Allow 4-5 hours if just doing a circuit of the wetlands. If headed to Minamishokan-dake, expect 7 hours return.

The path is clearly defined and signposted, with boardwalks in the marshy areas. From the trailhead at 550m elevation follow the path up the gorge of the Penkepetan River $^{\sim}$ んけぺたん川 over a suspension bridge and past a waterfall below, Hakuryu no Taki 白竜 の滝 after 40 mins. Cross another bridge and continue till the trail reaches the open expanse of the wetlands in less than an hour. Pass a large wooden observation platform and follow the boardwalk until it forks. It is good etiquette to keep left and do the circuit clockwise, which would take a leisurely hour and a half if this is

as far as you wish to go. If climbing Minami Shokan-dake 南暑寒岳 continue on to a small observation deck just above the marsh. From here the trail climbs up through haimatsu dwarf pines and sasa bamboo to the summit in about two hours from leaving the marsh. Return the same way.

TRANSPORT

By car: From Uryu Town 雨竜町 take the local Route 432 that turns off Route 275 and head west past Uryu Dam 雨竜ダム. In the final few km the road becomes a narrow gravel track up to the trailhead at the Uryunuma Shitsugen Gate Park 雨竜沼湿原ゲートパーク. There is a large parking area but it could be busy at peak times.

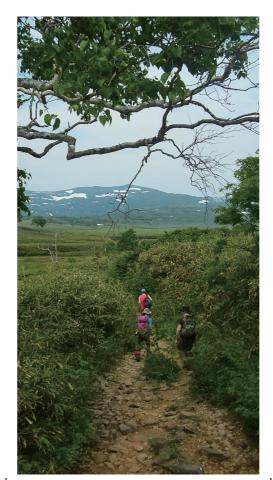
Public transport: There is no public transport access.

SAFETY NOTES

Walking around the wetlands is relatively safe as the path is obvious but if bad weather comes in it is very exposed and there is a risk of hypothermia for poorly equipped hikers so carry appropriate wet weather gear. This is bear country so be aware and take the necessary precautions.

ONSEN NEARBY

The nearest onsen are back down in the main valley around Uryu Town and Takikawa City.





Japanese Map Glossary

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Romaji	Kanji	English
bunki cho dake/mine eki goya/koya hinangoya ike kawa/gawa kako ko/mizumi kyo numa onsen sawa taira/daira tani/dani taki toge yama/san/zan	分町岳 避 好町/家駅屋小池川火湖峡沼泉沢平谷滝峠山岐町/家駅屋上	junction town peak station hut shelter pond river crater lake gorge pond hot spring stream plateau valley waterfall pass mountain

ONLINE ROUTE GUIDE

Please visit the full route guides for GPS files, interactive maps, and extra safety



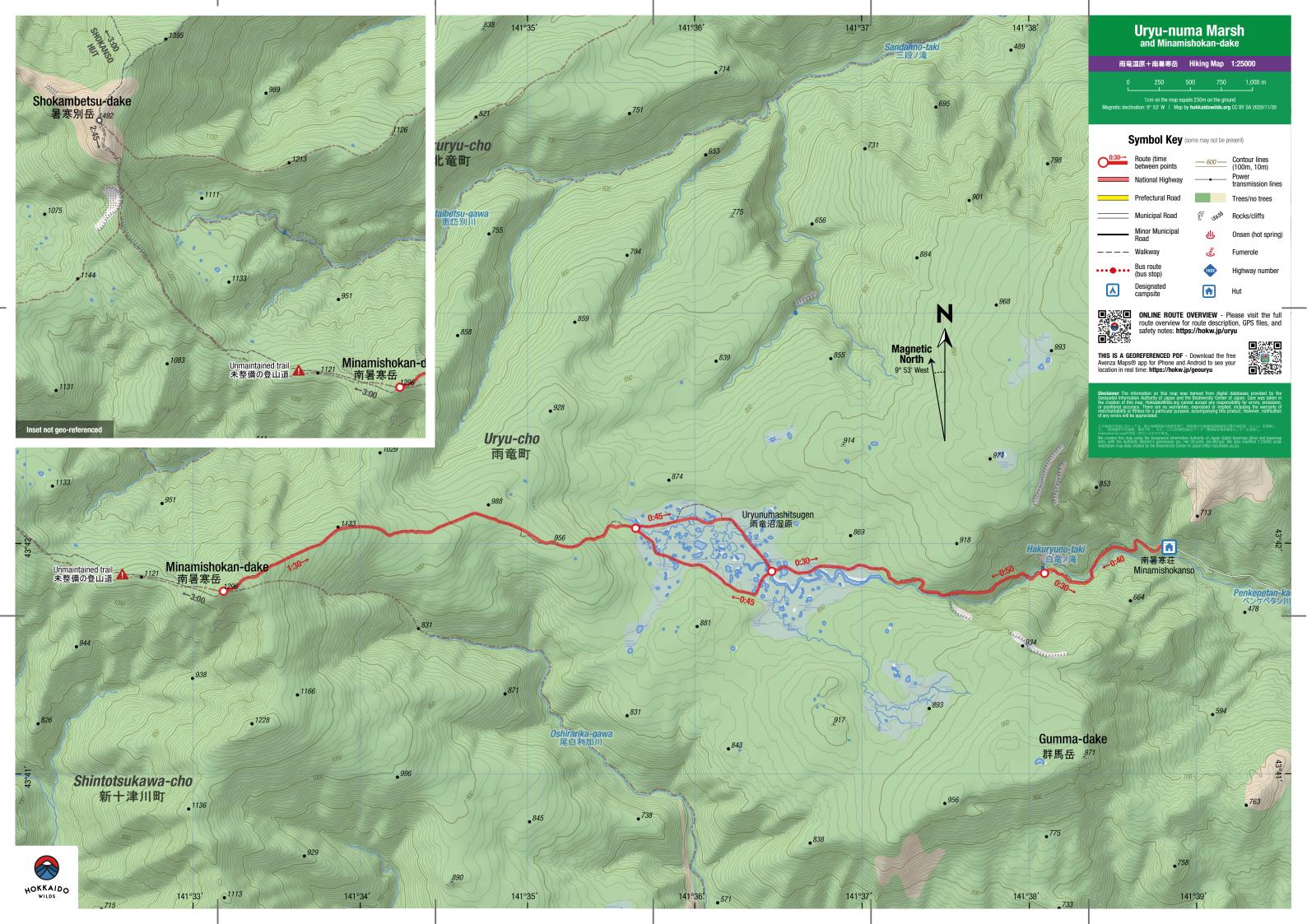
TEXT, PHOTOS I Rick Siddle MAP I Rob Thomson

hokkaidowilds.org 2020/11/30

MAP FOLD & LAYOUT CONCEPT | Dominika Gan







PRINTING INSTRUCTIONS

STEP 1

Load your printer with A3 printer paper (297mm x 420mm). If you've only got Tabloid or Ledger size (279mm x 432 mm), just follow the instructions below. You'll achive an accurate scale, but the map will be clipped a little at the top and bottom.

STEP 2

Open the print window by clicking on File > Print (or hitting Ctrl + P on your keyboard).

STEP 3

Make sure "Actual Size" is selected.

STEP 4

For double-sided printing, select "Print on both sides of paper".

STFP 5

For best results, select the highest quality print option available on your printer (settings will vary).

STEP 6

You won't need this instructions page, so just select the pages that don't include this instruction sheet.

STEP 7

Click "Print".

PLEASE PRINT AT 'ACTUAL SIZE' (NO SCALING)

The 1:25,000 scale used in the map is accurate if the PDF is printed without scaling (i.e., ACTUAL SIZE). Follow the instructions on this page to ensure an accurate rendering of the scale.



ORIGAMI INSTRUCTIONS

