

Muine-yama 無意根山 (1464m) is a conspicuous alpine temptation for all winter mountain lovers in Sapporo City. It's long whaleback summit shines pure white long into the spring, visible from much of the city. This route up the mountain follows the summer trail, and makes the long traverse over the Senjaku Plateau 千尺高地 (1153m) to the summit. Views are expansive. Yotei-zan, Niseko Annupuri, Yoichi-dake, and even further afield to



the Mashike Range. The summit plateau is long and arduous, so requires good weather. But from Senjaku Plateau there are a number of options for thrilling descents back down to the trailhead, all with relatively well protected powder snow slopes.

LOCATION

Muine-yama is located about 30km southwest of Sapporo. This route starts from the abandoned mine at Toyoha 豊羽鉱山 at the end of the local road running west from Jozankei 定山渓.

GENERAL NOTES

Muine-yama hardly needs any introduction to locals even vaguely familiar with the mountains around Sapporo City. It's a summer and winter staple, with multiple approaches in summer and winter. This Motoyama route is arguably the bread-and-butter winter route, with most visitors opting for this approach to the summit in the snow-bound months. It's a long slog to the summit, but it's a summit worth bagging at least once. If not for the views, but for the inspiration it'll give you to come back to explore more of the myriad slopes dropping off

the long summit ridge.

ROUTE TIMING AND NOTES

Expect about 4 hours on the ascent, and just under 2 hours on the descent.

Park up at the end of the Toyoha Mine road near the gate and walk 400m (5 mins) back down the road to the start of the route. From thee trailheaad, you may notice that snowshoers prefer to head straight up the summer trail marked on the map, but skiers prefer to follow the road up a little further before rejoining with the summer trail at around 680m. This allows for a less tightly-treed descent on the way down.

Follow the trail marked on the map to the Senjaku Plateau at 1153m. If the weather looks unsuitable for heading to the summit, skiers can still have plenty of fun lapping the northern slopes below Senjaku Plateau (beware of avalanche risk).

Once you're at Senjaku Plateau, a vigorous 2 hour climb from the trailhead, most of the climbing is done. From there, it's still a solid 2 hours of gentle incline across the broad whaleback summit plateau to actually get to the summit proper. About half way to the summit, you'll come across the uma-no-se, literally 'horse back'. This is a conspicuous dip in the narrow ridge — beware of the cornice. From there, it's about another 1 hour of wind-scoured hard-packed snow to the non-descript summit. Expect grand views across to

Mt. Yotei.

The descent across the summit plateau requires some poling as well as some side-stepping back up the horse's back, so it'll take about one hour to get from the summit back down to the Senjaku Plateau at 1153m. Here, one can decide to ski the north northeast bowl to join up with the summer trail at around 840m, or take the safer summer trail all the way down.

TRANSPORT

By car: The private Toyoha Mine road is cleared in winter, and is open to public use (obey all signs posted). Note that in deep winter, visitors to the area are asked to park only at the very end of the road. This is about 200m walk from the winter trailhead up Muine-yama. You may see cars parked right at the trailhead, but this is technically not allowed. Parking on the side of the road is prohibited. In the spring, it may be possible to drive all the way up to the summer trailhead car park.

Public transport: There are no public transport options for this route, although note that there are buses that run to Jozankei. From there, it would be about a 30 minute taxi trip (14km).

SAFETY NOTES

This route as marked on the GPS file is relatively safe in regards to avalanche risk, but Muine-yama boasts the largest number of avalanche fatalities of any mountain in the Sapporo region. This is primarily due to its popularity, but also due to the steep eastward slopes and overall tight, deep run-out gullies. Avoid the steep north-facing Senjaku Plateau bowl on high-risk days.

Japanese Map Glossary

Rom	aji	Kanji	English
bun che dake/i ek goya/i hinang ike kawa/g kak ko/miz kyu nun onsu saw taira/o tani/o tani/o	onine i i koya goya goya goya goya goya goya goya g	分町岳、避が町人湖峡沼湿沢平谷滝峠山岐町峯駅屋小難池川口湖峡沼泉沢平谷滝峠山	junction town peak station hut shelter pond river crater lake gorge pond hot spring stream plateau valley waterfall pass mountain

ONSEN NEARBY

To get to the trailhead, you'll pass through the Jozankei Onsen area. Out of the numerous onsen in this area, we've enjoyed Hoheikyo Onsen 豊平峡温泉 (1000yen) for their massive outdoor bath, and authentic onsen experience (and Indian curry), but can be busy on weekends. Yunohana Onsen 湯の花 (850yen) in Jozankei is also a nice option — large outdoor baths overlooking the river, and large foot court area. In addition there are a whole slew of other options in the Jozankei area.



ONLINE ROUTE GUIDE

Please visit the full route guides for GPS files, interactive maps, and extra safety notes: http://hokw.jp/muimys



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TEXT, PHOTOS, MAP I Rob Thomson

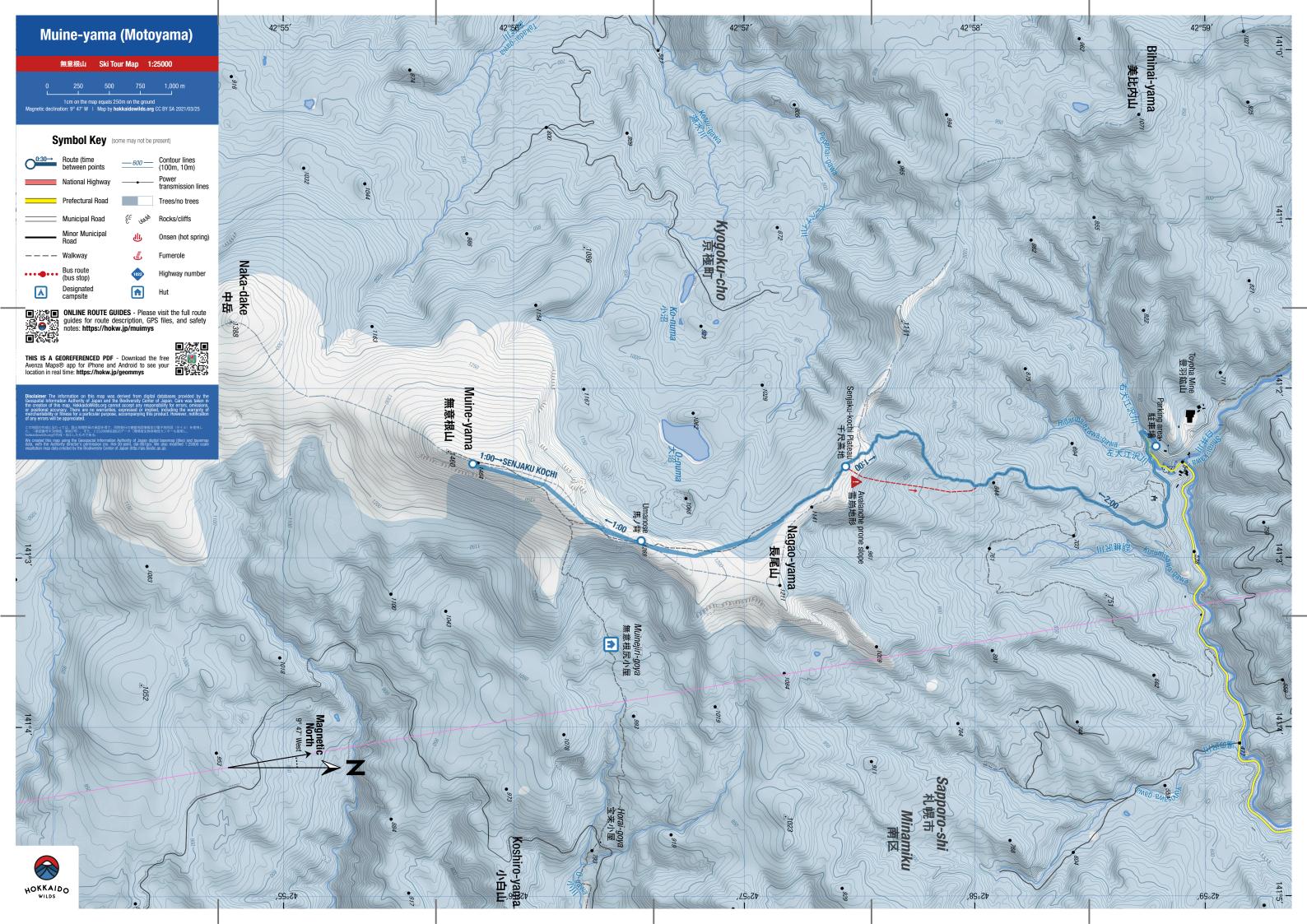
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MAP FOLD & LAYOUT CONCEPT | Dominika Gar

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PRINTING INSTRUCTIONS

STEP 1

Load your printer with A3 printer paper (297mm x 420mm). If you've only got Tabloid or Ledger size (279mm x 432 mm), just follow the instructions below. You'll achive an accurate scale, but the map will be clipped a little at the top and bottom.

STEP 2

Open the print window by clicking on File > Print (or hitting Ctrl + P on your keyboard).

STEP 3

Make sure "Actual Size" is selected.

STEP 4

For double-sided printing, select "Print on both sides of paper".

STFP 5

For best results, select the highest quality print option available on your printer (settings will vary).

STEP 6

You won't need this instructions page, so just select the pages that don't include this instruction sheet.

STEP 7

Click "Print".

PLEASE PRINT AT 'ACTUAL SIZE' (NO SCALING)

The 1:25,000 scale used in the map is accurate if the PDF is printed without scaling (i.e., ACTUAL SIZE). Follow the instructions on this page to ensure an accurate rendering of the scale.



ORIGAMI INSTRUCTIONS

