



Memuro-dake Day Hike

芽室岳 Hiking Map 1:25000



6hrs Time	1170m Total Climb	1754m Highest point
9km Distance	6/10 Difficulty	Jun-Oct Best season



Memuro-dake (芽室岳, 1754m) is one of the most often climbed of the high-er Hidaka mountains given its easy access from the Tokachi side of the range. It's a straightforward up and down hike, steep in places, but with a pleasant high altitude summit ridge and widespread views over both the

mountain range and the fertile agricultural plains to the east.

LOCATION

Memuro-dake sits near the northern end of the Hidaka mountain range in south central Hokkaido. The trailhead is accessed from the east near the small town of Shimizu, 30km from the

city of Obihiro.

GENERAL NOTES

This is a popular mountain due to its easy access from the Obihiro side of the range. The road to the trailhead was destroyed in the 2016 floods but has since been repaired. There used to be a mountain hut at the trailhead but sadly



HIDAKA RANGE

this was also destroyed in 2016. The name Memuro-dake comes from the Ainu language, mem-or-pet, river that flows from the spring-fed pool.

ROUTE TIMING AND NOTES

Most fit hikers will complete this hike in around 5-6 hours. Local guidebooks and mapping websites indicate around 7.5 hours for the return trip however, so less fit parties should allow plenty of time.

The route is clearly defined and in generally good condition underfoot. From the trailhead carpark at 614m look for pink tape to guide you across the river and through the scrub that is growing back since the 2016 floods, then pick up the main trail on the other side. This crossing could be tricky after rain. From here the trail goes relentlessly up a spur to the main ridge 1000m above in 2.5 – 3 hours. The lower part is through an area of *akaezomatsu* pine plantation and sasa before transitioning to *todomatsu* pines then mountain birch forest higher up.

Around the halfway mark there is a pleasant flatter section before it steepens considerably to join the main ridge at a small knoll. Here the main trail turns left, skirts below the knoll and soon joins the ridge proper among haimatsu creeping pines. The summit is visible from here and will be reached in another 20 mins or so. Return the same way. If you have enough time, from the trail junction below the knoll another path takes you left to the neighbouring summit of Pankenushi-dake (パンケヌーシ岳, 1746m) on a rough trail. Allow at least another hour out and back.

TRANSPORT

By car: It is necessary to navigate the farm roads west of the rural hamlet of Mikage (御影) near Shimizu Town (清水町). Luckily, as you get closer there are signs pointing you to the trailhead (芽室岳登山口). The paved road eventually runs out in an open area of pasture before entering the forest and turning into a gravel road, repaired since the 2016 floods, that leads to the large open car park at the trailhead. There are a couple of gates on the road which may be closed but they are not locked, please leave them as you find them.

Public transport: There is no public transport to the trailhead. It might be possible to get a taxi for the 15km ride from Mikage JR station (御影駅).

SAFETY NOTES

This is a relatively high mountain with an open



summit ridge that is exposed to the wind. It is likely to be much cooler than down at the trailhead so carry appropriate waterproof and warm layers to avoid the risk of hypothermia. The river crossing at the trailhead is likely to be tricky and potentially dangerous after heavy rain. The Hidaka mountains are most definitely bear country so take the necessary precautions.

ONSEN NEARBY

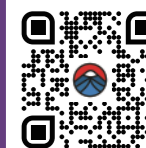
Unfortunately, there are no convenient onsen nearby. For a very local peek into the bathing lives of small-town Tokachi, consider visiting the Shimizu Village public baths 清水町役場 町営公衆浴場 (480yen), just next to the Tokachi-Shimizu JR train station. In addition to indoor baths, there's also a sauna and cold plunge pool. ■

Japanese Map Glossary

Romaji	Kanji	English
bunki	分岐	junction
cho	町	town
dake/mine	岳/峯	peak
eki	駅	station
goya/koya	小屋	hut
hinangoya	避難小屋	shelter
ike	池	pond
kawa/gawa	川	river
kako	火口	crater
ko/mizumi	湖	lake
kyo	峡	gorge
numa	沼	pond
onsen	温泉	hot spring
sawa	沢	stream
taira/daira	平	plateau
tani/dani	谷	valley
taki	滝	waterfall
toge	峠	pass
yama/san/zan	山	mountain

ONLINE ROUTE GUIDE

Please visit the full route guides for GPS files, interactive maps, and extra safety notes: <https://hok.jp/memuroh>



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Memuro-dake

芽室岳 Hiking Map 1:25000



1cm on the map equals 250m on the ground
Magnetic declination from GDA 2011: 9° 33' W | UTM Grid Zone: 54TKN
Map by hokkaido.wilds.jp/ CC BY SA 2.0/2017/18

Symbol Key

- | | |
|-----------------------------|---------------------------|
| Route (time between points) | Contour lines (100m, 10m) |
| National Highway | Power transmission lines |
| Prefectural Road | Trees/no trees |
| Municipal Road | Rocks/cliffs |
| Minor Municipal Road | Hot spring |
| Walkway | Fumerole |
| Bus route (bus stop) | Hut |
| Toilet | Campsite |
| Water | Trailhead (with parking) |
| Water source (unreliable) | Flower fields (July/Aug) |

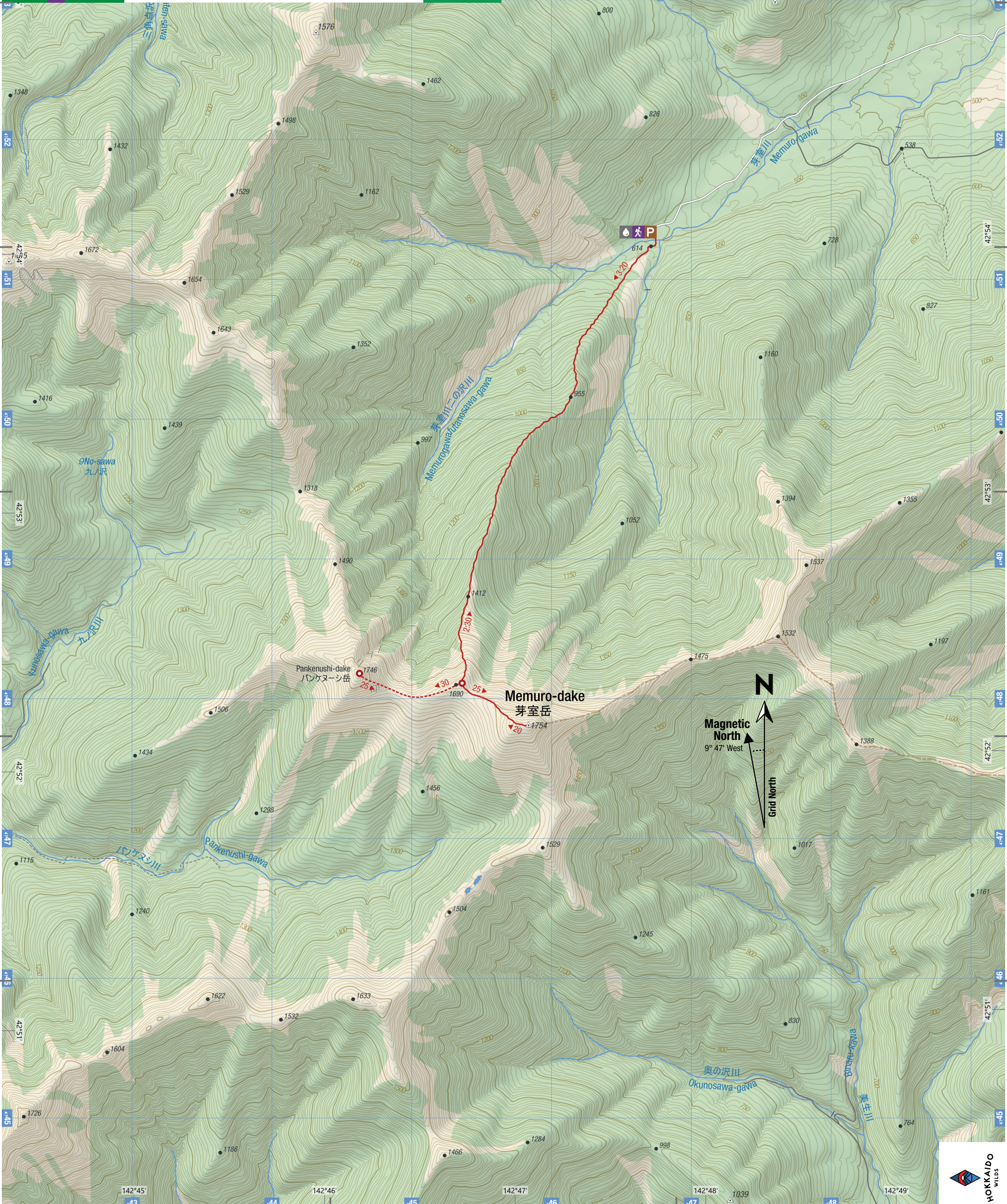


ONLINE ROUTE GUIDE - Please visit the full route guide for route description, GPS files, and safety notes: <https://hokkaido.wilds.jp/memuroh>



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PRINTING INSTRUCTIONS

STEP 1

Load your printer with A3 printer paper (297mm x 420mm). If you've only got Tabloid or Ledger size (279mm x 432 mm), just follow the instructions below. You'll achieve an accurate scale, but the map will be clipped a little at the top and bottom.

STEP 2

Open the print window by clicking on File > Print (or hitting Ctrl + P on your keyboard).

STEP 3

Make sure "Actual Size" is selected.

STEP 4

For double-sided printing, select "Print on both sides of paper".

STEP 5

For best results, select the highest quality print option available on your printer (settings will vary).

STEP 6

You won't need this instructions page, so just select the pages that don't include this instruction sheet.

STEP 7

Click "Print".

PLEASE PRINT AT 'ACTUAL SIZE' (NO SCALING)

The 1:25,000 scale used in the map is accurate if the PDF is printed without scaling (i.e., ACTUAL SIZE). Follow the instructions on this page to ensure an accurate rendering of the scale.

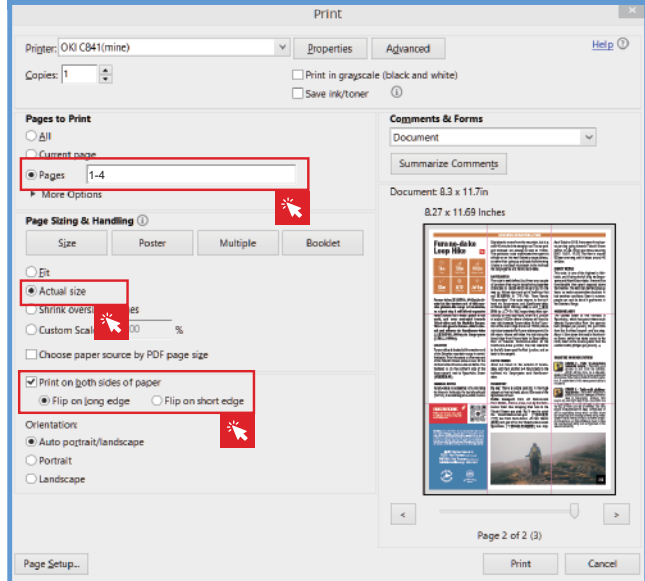
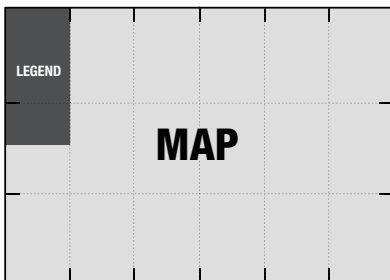


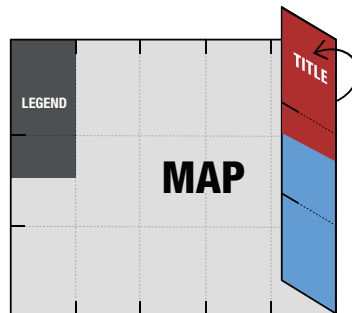
Figure 1. Ensure "Actual Size" is selected (Windows).

ORIGAMI INSTRUCTIONS

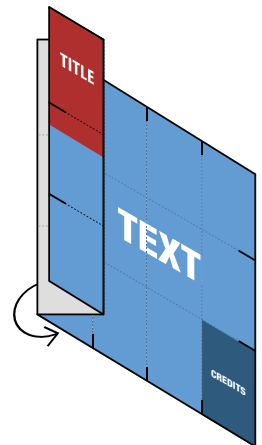
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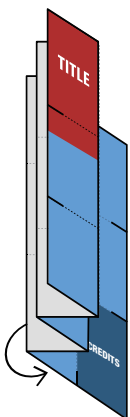
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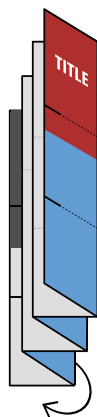
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6



7

