





Rausu-dake
Day Hike


羅臼岳 Hiking Map 1:25000





9hrs
Time

1448m
Total Climb

1661m
Highest point

13.2km
Distance

7.5/10
Difficulty

Jun-Oct
Best season

Rausu-dake 羅臼岳 (1661m) is the highest peak on eastern Hokkaido's Shiretoko Peninsula. On a clear day, the summit offers expansive views of Hokkaido's only UNESCO World Heritage Site—well-known for its brown bears, birds, and marine life—and the Okhotsk Sea. The hike is popular,



in part, because Kyuya Fukada included Rausu-dake as one of the nine Hokkaido mountains in his widely read 100 Famous Japanese Mountains. Fukada-san and UNESCO knew what they were doing when they shone their spotlight on this stunning volcano.

LOCATION
Rausu-dake is located in far eastern Hokkaido

on the Shiretoko Peninsula. The summit can be viewed from the lookout at the top of the Shiretoko Pass 334, which runs from Utoro in Shari Town in the north to Rausu Town on the southern side of the peninsula. This hike starts from the mountain's northern trailhead at Kinoshita Hut, 13km east of the Shiretoko World Heritage Center.

GENERAL NOTES
Rausu-dake is the Japanese name for the mountain, while the Ainu call it Chacha-Nupuri, the Father Mountain. It's a full-day hike, so it's recommended that you sleep near the trailhead. The least expensive option is the Shiretoko Campground for 500 yen per person. The Kinoshita Hut is located at the start of the trail and costs 2500 yen per person. Wherever you choose to sleep, there are toilets and untreated water at the beginning of the trail (232m). The summer hiking season is from mid-June through September. There is also a campsite one hour below the summit if you want to split the hike over two days. Bring wag bags because you are required to pack out all human waste.

ROUTE TIMING AND NOTES
Most fit hikers will complete this hike in around 9 hours. About five hours up, four hours down.

The trail starts from the car park and is well-defined with signposts and painted markers along the entirety of the trail. You can sign in and out at the kiosk at the trailhead. The first hour of hiking is on a well-graded trail climbing through a mixed forest. After two

hours of hiking, you arrive at a small creek (781m), and soon after the trail begins to climb steeply alongside a drainage surrounded by scrubby vegetation.

After a couple more hours of hiking, you'll arrive at a saddle with a designated campsite (1348m) and bins for protecting your food from bears overnight. At this point, the trail turns southwest towards the summit. You'll walk through shoulder-high dwarf pines before arriving at a spring (1455m). The last 30 minutes to the summit involves scrambling on all fours, and the route is well-marked with yellow arrows. Return the same way you ascended.

TRANSPORT
By car: From Shari Town head east on Route 335 along the coast for 40km and turn left into Shiretoko National Park on Route 93. Continue for 5km turning right onto an unmarked road that parallels the Iwaobetsu River for 2km to the Chi no Hate Hotel parking lot. There is limited parking in the lot, so hikers park along the road just before the parking lot. Be prepared for many people on a weekend with a favorable weather forecast. There were dozens of cars lining the road when we hiked.



Public transport: You can catch a bus from the Shari-Shiretoko Station to the Iwaobetsu bus stop and walk 2km to the trailhead. Taxis: Shari Taxi (斜里ハイヤー) 0152-23-2100, Utoro Kanko Taxi (ウトロ観光ハイヤー) 0152-24-2121.

SAFETY NOTES
This is a high mountain with an open scramble to the summit (expect challenging, slippery rocks in wet conditions) that is exposed to the wind. It is likely to be much cooler than down at the trailhead, so carry appropriate waterproof and warm layers to avoid the risk of hypothermia. Also, Shiretoko is famous as a brown bear sight-seeing destination, so take bear precautions seriously. There are bells and bear spray available for rent at the trailhead hut (Kinoshita Hut) if you don't have your own.

Japanese Map Glossary		
Romaji	Kanji	English
bunki	分岐	junction
cho	町	town
dake/mine	岳/峯	peak
eki	駅	station
goya/koya	小屋	hut
hinangoya	避難小屋	shelter
ike	池	pond
kawa/gawa	川	river
kako	火口	crater
ko/mizumi	湖	lake
kyo	峡	gorge
numa	沼	pond
onsen	温泉	hot spring
sawa	沢	stream
taira/daira	平	plateau
tani/dani	谷	valley
taki	滝	waterfall
toge	峠	pass
yama/san/zan	山	mountain




KINOSHITA HUT

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Details: Built in 1986, this is a cute privately run log hut. Very basic onsen available at the hut. At Rausu-dake trailhead. Hutkeeper present. Summer use only (mid-June till end September). Running water at hut. Bear spray and bear bell rental available.
Capacity: 30 persons.
Cost: 2500yen per night.
Maintenance/management: Mr. Yotsui, the caretaker (四井さん), TEL: 080-6512-4010

ONSEN NEARBY
There are two terrific wild onsen easily accessed from the trailhead. Sandan Onsen is the first you come to as you walk into the woods below the Chi no Hate Hotel parking lot. It has three pools cascading into each other with the topmost pool being extremely hot and the pools getting cooler as you descend. A couple more minutes down the path and you'll come to the intimate Takami Onsen. It was too hot for our August visit, but it was the perfect temperature for a prior May soak. Cooling off in the adjacent creek is

ONLINE ROUTE GUIDE
Please visit the full route guides for GPS files, interactive maps, and extra safety notes: <https://hokw.jp/rausuh>



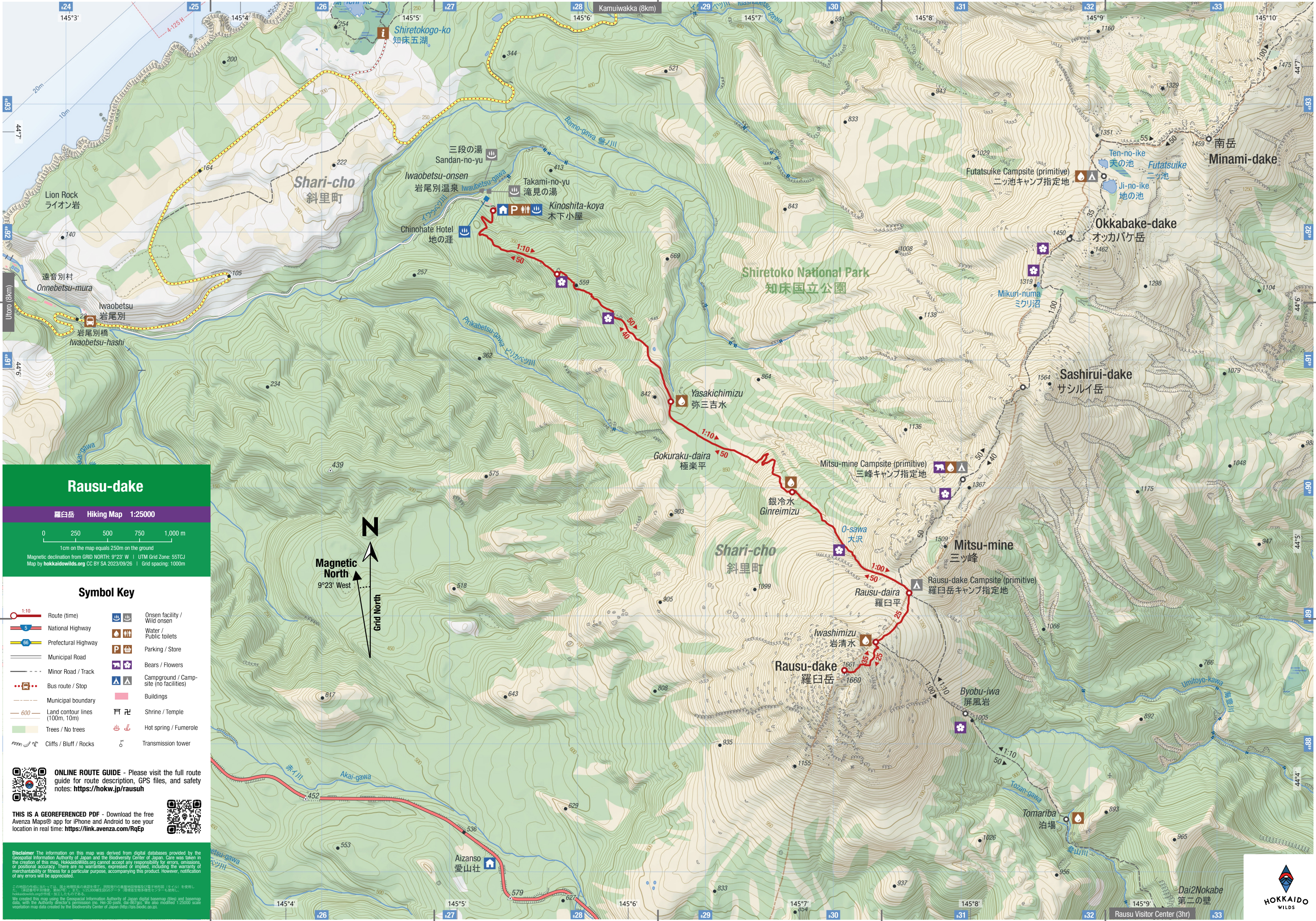
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Rausu-dake

羅臼岳 Hiking Map 1:25000

0

250

500

750

1,000 m

1cm on the map equals 250m on the ground

Magnetic declination from GRID NORTH: 9°23' W | UTM Grid Zone: 55TCJ
Map by hokkaidowilds.org CC BY SA 2023/09/26 | Grid spacing: 1000m

Symbol Key	
	Route (time)
	National Highway
	Prefectural Highway
	Municipal Road
	Minor Road / Track
	Bus route / Stop
	Municipal boundary
	Land contour lines (100m, 10m)
	Trees / No trees
	Cliffs / Bluff / Rocks
	Onsen facility / Wild onsen
	Water / Public toilets
	Parking / Store
	Bears / Flowers
	Campground / Camp-site (no facilities)
	Buildings
	Shrine / Temple
	Hot spring / Fumerole
	Transmission tower

ONLINE ROUTE GUIDE - Please visit the full route guide for route description, GPS files, and safety notes: <https://hokw.jp/rausuh>

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HokkaidoWilds.orgが作成・加工した、国土地理院の地形データ、環境省の自然環境情報及び気象庁（タイル）を使用し、HokkaidoWilds.orgが作成・加工した、1:25,000スケールのデータ（地形データ）を使用しました。
We created this map using the Geospatial Information Authority of Japan digital base map (tile) and base map data, with the Authority director's permission (no. Hei-30-joshi, dai-867/po). We also modified 1:25,000 scale vegetation map data created by the Biodiversity Center of Japan (<http://ais.biodic.go.jp/>).



PRINTING INSTRUCTIONS

STEP 1

Load your printer with A3 printer paper (297mm x 420mm). If you've only got Tabloid or Ledger size (279mm x 432 mm), just follow the instructions below. You'll achieve an accurate scale, but the map will be clipped a little at the top and bottom.

STEP 2

Open the print window by clicking on File > Print (or hitting Ctrl + P on your keyboard).

STEP 3

Make sure "Actual Size" is selected.

STEP 4

For double-sided printing, select "Print on both sides of paper".

STEP 5

For best results, select the highest quality print option available on your printer (settings will vary).

STEP 6

You won't need this instructions page, so just select the pages that don't include this instruction sheet.

STEP 7

Click "Print".

PLEASE PRINT AT 'ACTUAL SIZE' (NO SCALING)

The 1:25,000 scale used in the map is accurate if the PDF is printed without scaling (i.e., ACTUAL SIZE). Follow the instructions on this page to ensure an accurate rendering of the scale.



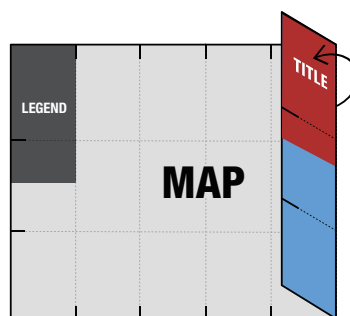
Figure 1. Ensure "Actual Size" is selected (Windows).

ORIGAMI INSTRUCTIONS

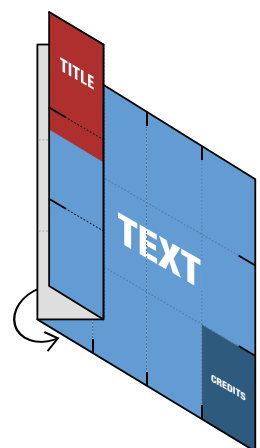
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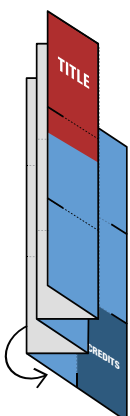
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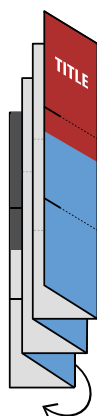
3



4



5



6



7

