

Kenbokki Island 嶮暮帰島 is an uninhabited, specially-protected island iust off the Pacific Ocean coast in eastern Hokkaido, close to the small fishing village of Hamanaka 浜中. Access to the island requires a registered guide to be present, but kayakers are able to enjoy the island's high coastal cliffs, accessed by a short 1km paddle from the mainland. In winter and early spring, spring water seeping from the cliffs results in impressive ice waterfalls along the entire northern shoreline. This is a relatively safe paddling location, with good protection from southerly and westerly conditions.

Hamanaka is a small town on the Pacific Ocean coast in eastern Hokkaido, just east of Akkeshi City. The area is home to a number of beautiful windswept capes and islands — namely Cape Kiritappu 霧多布岬 and Kenbokki Island 嶮 暮帰島. This area is about a five hour drive (371km) east of Sapporo City.

PUT-IN LOCATION

The most convenient and protected place to put in is at the southwestern end of Biwasewan Bay 琵琶瀬湾, just east of the small Biwase settlement. There's a small fine gravel beach, where paddlers can choose to set off on the north or south side of the Kenbokki Island Spit, depending on the direction of conditions on the day. Given the great protection the spit gives from northerly and southerly conditions, there will usually be some sort of protection available from the put in beach.

TAKE-OUT LOCATION

The take-out is the same location as the putin.

GENERAL NOTES

According to Masao Ashida, owner and lead guide at Land's Edge tours in Hamanaka, his favourite season for sea kayaking near Kenbokki Island is winter. "On a calm, crisp day, the huge walls of ice on the cliffs are really spectacular," he explained when we visited him. On our first kayaking trip to the area, we were just at the tail-end of winter, so we only saw a small glimpse of the ice-falls' former winter glory, but could see how in winter, the area would be very impressive. Summer in the area is also very beautiful, however, with plenty of sea mammals (otters and seals) and sea birds. The whole inner section of Biwase Bay is beautifully protected from the otherwise large Pacific Ocean swells that pummel the rest of the pacific coast in eastern Hokkaido, so it's a



very accessible spot to go paddling, even for relative beginners.

Landing on Kenbokki Island: Kenbokki Island is a specially protected uninhabited island, and as such, visitors who want to land and walk on the island need to do so accompanied by a registered guide (such as Ashida-san).

ROUTE TIMING AND NOTES

This is a perfect location for taking your time, checking out the coastal areas of Kenbokki Island. We'd suggest a leisurely 3 hours in total

From the beach at Biwase, paddle along the prominent spit connecting the mainland and Kenbokki Island until you arrive at the island — a distance of about 950m. The spit is intertidal — at high tide it is only just covered, and at low tide, it transforms into a prominent gravel bar. From where the spit attaches to the island, it's a 1.5km paddle east along the protected northern shoreline to the eastern end of the island. In winter and spring, this shoreline has impressive ice waterfalls along the low cliffs.

From the eastern most point of the island, either paddle around the very exposed southern side of the island, or return the way you came, for a nice short paddle. If you'd like to extend the paddle, we thoroughly recommend paddling 1km north-northeast to Kojima Island

, and then another 500m to Azechi Cape アゼチの岬. Take care on the western tip of Kojima Island, as the sea bed rises somewhat, creating large breaking waves if the Pacific swell is running high.

On the return from Azechi Cape, you'll have a great view of the cliffs and precipices of the northern side of Kenbokki Island — it's all very photogenic.

TRANSPORT

By car I There is ample parking at the put-in, on the gravel beach in Biwase. Make sure not to block access to the gravel ramp over the concrete wall, as this beach is frequently used by local kelp harvesters.

Public transport I A local bus runs from Chanai JR train station 茶内駅 to central Hamanaka. From central Hamanaka, there's very local 'on demand' bus that runs from central Hamanaka to the Biwase settlement, but only if reserved in advance. Unfortunately, these bus routes are not yet in Google Maps' database, neither are they registered with Japan's domestic transport mapping prowess Navitime. For those who can make sense of the Japanese (and handle the pre-booking in Japanese on the phone), here are the details. Given the limited time slots even for pre-booking, most paddlers may be better served by catching a taxi. Kiritappu-Chuo Hire 霧多布中央ハイヤー is

located in central Hamanaka here. Call them on 0153-62-3141 to book (they're unlikely to speak English). From Chanai JR Station to the put-in is about 12km. In a taxi, that would likely cost around 4,500-5,000yen one-way.

SAFETY NOTES

This is a relatively protected area for sea kayaking, with protection from open ocean swells and conditions on almost all sides. That said, there is some fetch across Biwase Bay, so strong northeasterly winds will quickly whip up waves and whitecaps. Once at the island, there are very few places to escape to the mainland, so do check the weather forecast closely before setting off. If planning to paddle around the southern side of the island, be prepared for some very large Pacific swells, and understand that the outer coast is exposed to the open ocean.

ONSEN NEARBY

On the Kiritappu Peninsula (technically an island) is the fantastic Kiritappu Hot Spring Yuyu 霧多布温泉ゆうゆ (500yen). There's a great view from the outdoor baths, an attached restaurant, and large relaxation area. It's one of our favourite onsen in Hokkaido.





Japanese Map Glossary

Romaji	Kanji	English
cho dake/mine eki goya/koya gyoko ike iwa kaigan kawa/gawa ko/mizumi ko misaki onsen sawa shima tani/dani taki todai toge wan	町店駅小漁池岩岸川湖港岬泉沢島谷滝台峠湾山町峯駅屋港池岩岸川湖港岬泉沢島谷滝台峠湾山	town peak station hut fishing port pond rock coast river lake port cape hot spring stream island valley waterfall lighthouse pass bay mountain
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ONLINE ROUTE GUIDE Please visit the full route guides for GPS files, interactive maps, and extra safety



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MAP, TEXT, PHOTOS I Rob Thomson

hokkaidowilds.org 2023/10/04

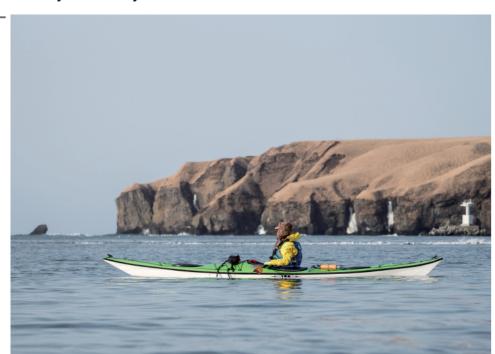
MAP FOLD & LAYOUT CONCEPT | Dominika Gan

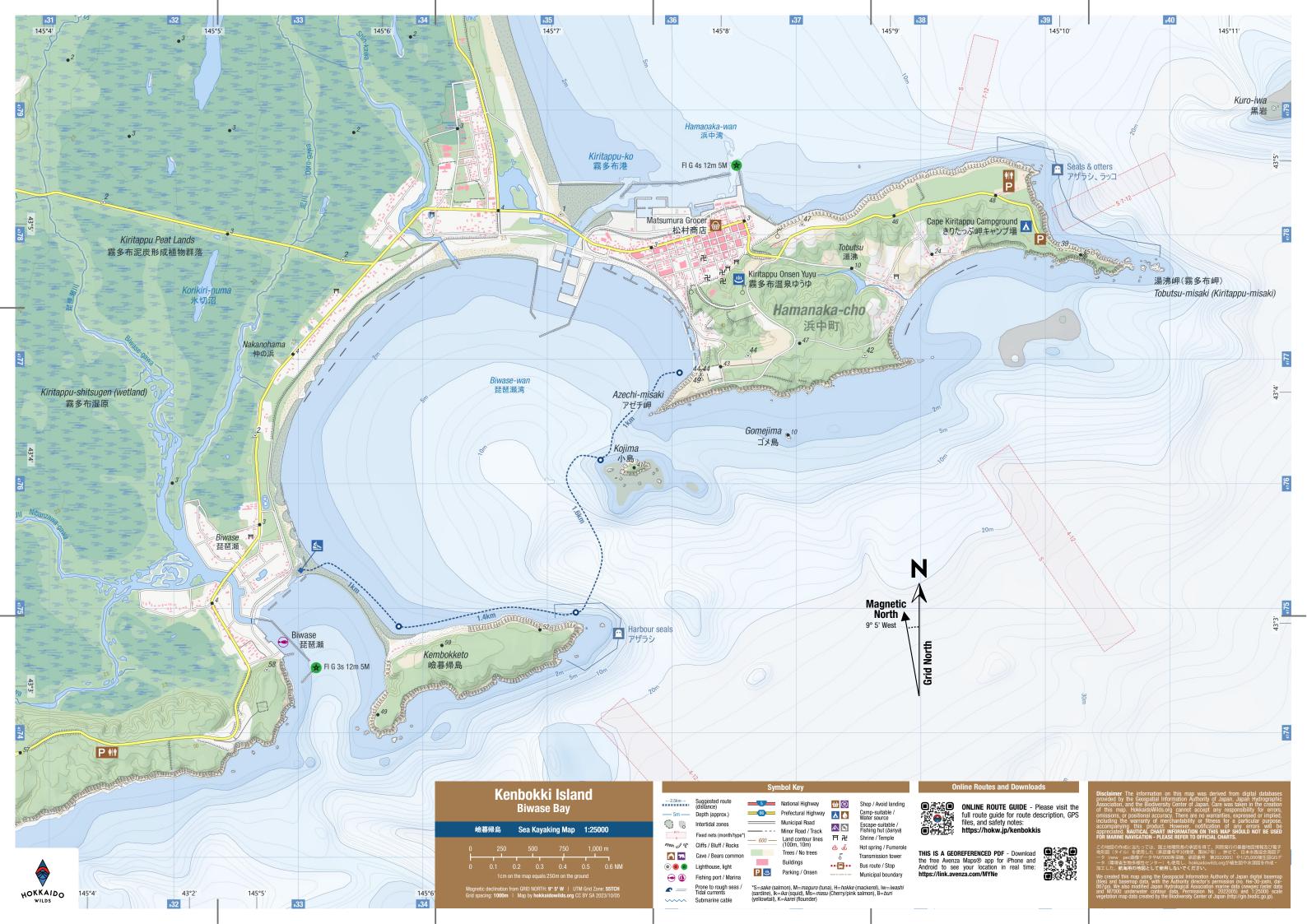
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PRINTING INSTRUCTIONS

STEP 1

Load your printer with A3 printer paper (297mm x 420mm). If you've only got Tabloid or Ledger size (279mm x 432 mm), just follow the instructions below. You'll achive an accurate scale, but the map will be clipped a little at the top and bottom.

STEP 2

Open the print window by clicking on File > Print (or hitting Ctrl + P on your keyboard).

STEP 3

Make sure "Actual Size" is selected.

STFP 4

For double-sided printing, select "Print on both sides of paper".

STFP 5

For best results, select the highest quality print option available on your printer (settings will vary).

STEP 6

You won't need this instructions page, so just select the pages that don't include this instruction sheet.

STEP 7

Click "Print".

PLEASE PRINT AT 'ACTUAL SIZE' (NO SCALING)

The 1:25,000 scale used in the map is accurate if the PDF is printed without scaling (i.e., ACTUAL SIZE). Follow the instructions on this page to ensure an accurate rendering of the scale.



ORIGAMI INSTRUCTIONS

